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SOPHISTICATED LIVING

Mar/Apr 2019



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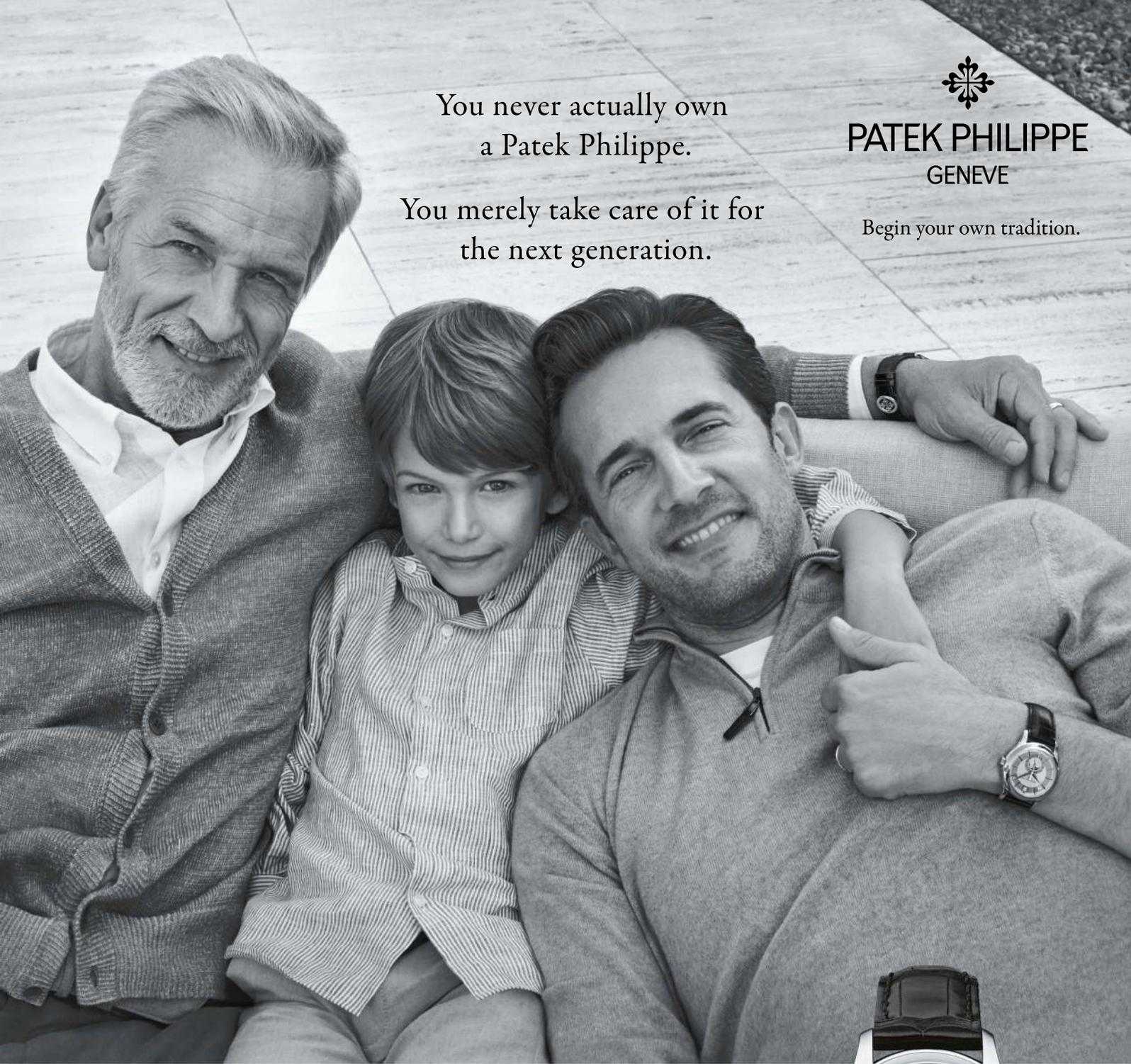
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Image from *Excuse My French!*, a themed product area at the Maison + Objet tradeshow in Paris. Photo by Charles Deluvio/Unsplash and courtesy of Maison + Objet.





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62 Off the Cuff

The new Master Ultra Thin Tourbillon Enamel from Jaeger-LeCoultre features a new tourbillon movement and a new-look date counter (price upon request; jaeger-lecoultre.com)

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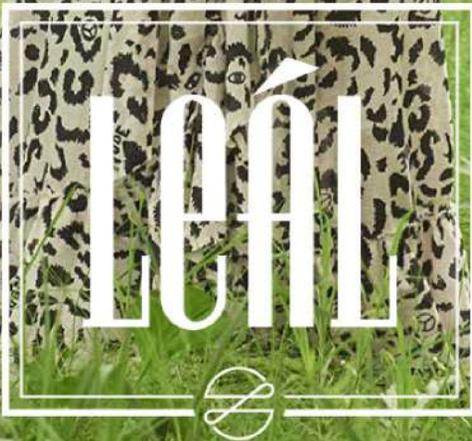
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CELEBRATING 25 YEARS

From the Editor-in-Chief

Earlier this year, I escaped the cold, dreary Ohio skies for a long weekend on an island with dear friends. Eager for a healthy dose of sand, sun, and relaxation, we happily settled into a condo steps from a private beach, with little to no agenda. For a brief and blissful time, the morning excursion for strong coffee at a remarkably delicious vegan restaurant on the water became the most taxing and hurried part of the day. Though it was tough to walk away from a list of obligations, the opportunity to rest and reflect was invaluable.

My favorite part of the trip was a daily solo outing on the ocean in a small kayak. Solo activities have not always been my thing, but since separating from my husband 2 years ago, I have challenged myself to embrace a bit of alone-ness - and to learn to appreciate the company of me, myself and I. On our last long afternoon, I decided to make a longer trek out to a dive site where we had seen boats gathered each day. About 45 minutes into the trip and in need of a break, I rested the oars in the boat, and dropped my feet into the cool, clear water. To my back was the incredible expanse of the Atlantic ocean, and in front of me was a shoreline dotted with big, beautiful beach houses and palm trees...except where it wasn't. Where a rocky outpost created a clear demarcation of neighborhoods, I saw a small stretch of older, dilapidated buildings. Wishing I had grabbed my phone for a photo made me consider which I might have taken, if given the chance. My instincts were that the most insta-worthy shots were the serene section of picture-perfect beach or the frothy ocean waves tickling the azure sky (seriously, we decided the color azure was named because of it).

Instead, I targeted my gaze and thoughts on the shoddy, messy area of land and meditated on the easy analogy to my life (and maybe some of yours). Despite our best efforts to maintain the pristine and enviable picture of health and happiness, the messy and broken stuff is always there. (At least for all of the mere mortals I know.)

Leaning into the choice to focus on the bright and beautiful, and likely aspirational, aspects of life is teaching me how to let go a bit of the upright, pragmatic, and frankly, self righteous parts of myself that have sometimes kept me from letting go and experiencing real joy and wonder. In short, my feet have always been planted firmly on the ground; but I am learning to let my head drift a little further into the clouds.

With each issue, it is our hope that we can help you drift into the clouds a little more fully - escaping what can be the harsh realities of life for a little whimsy and a lot of adventure. Here's to digging into letting go.

Happy spring!



Amelia
Editor in Chief
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FOX IN THE SNOW

Written by Amelia Jeffers / Photography courtesy Fox in the Snow

The first time I walked into the original Fox In the Snow Cafe on North 4th Street, it was for a meeting on a potential collaboration that required reviewing materials online. Firing up my laptop as my cohort gathered drinks, I was dumbfounded when there were no available wireless networks. Hurrying to the counter to solve my tech issue, I called out to an employee and asked if their wifi was down. “Oh, we don’t have wifi!” she chirped. I am certain my look of disbelief was obvious, but she just smiled and went back to gathering picture-perfect baked goods for the long line of customers. Thinking to myself, “That’s the last time I take coffee spot recommendations from my kids,” I returned to the community table where my group had carved out a spot for our work. I launched my phone’s hotspot, and we shared a productive (and delicious) morning over excellent, strong coffee and cinnamon rolls the size of my head. Despite the absence of wifi (and parking constraints created by the sheer popularity), Fox In the Snow quickly became one of my go-to spots for meetings and the periodically necessary break from my desk.

It wasn’t until I met the founders of Fox In the Snow for this article that I finally had a chance to ask: “What’s with no wifi?!” Over a lengthy and fascinating conversation, I learned some of the method behind the magic of the (now chain of) Cafes.

Lauren Culley and Jeff Excell met as coworkers at a trendy bakery in Brooklyn, New York. He was a transplant from northern California whose first work experience was in the service industry (though he had seen it as a stopping point on his way to a more serious career as a musician or author). Soon a job in a coffee shop felt like a good fit, and he gave into the fact that the restaurant industry isn’t a shameful way to live your life. “It’s actually a great way to make a living,” he says, as Lauren nods. She adds, “At one time, people would have asked ‘oh, what didn’t you do to be here?’”





On the other hand, it isn't the dream she followed that makes Lauren's story so interesting. It's the one she traded. Nothing in her past hinted at a future in food: working as a book editor in New York City during the food renaissance, she found a way to fill a little spare time and learn new skills by volunteering with a tiny startup bakery in her neighborhood. She discovered a passion and quickly endeavored to find a way to grow her knowledge in an industry and competitive market that favored a strong culinary education. So she approached a more established cafe with a bargain: "I have a master's degree and a full-time job, but I will work for free if you help me learn." Just a short time later, Lauren stood in the stairwell of her covetable editing job on the phone with her father, asking his advice about a career move that might not have made a lot of sense to most people. "He asked me if I thought I could make a living at it," she remembers. "I told him yes, and he told me that I should do it."

As a result of his encouragement, Lauren found herself scooping cookies for \$12 an hour in back of a coffee shop; having no idea she would not only fall for, but marry, the front of house manager. The two worked alongside one another, always sensing that they could put together a concept of their own. With a saturated (not to mention expensive) market in New York, the pair visited central Ohio in hopes of capitalizing on the opportunity to launch in a market that seemed prime for their idea. "We weren't ready to leave New York," says Lauren, "but, we knew we had to do it right then, or someone else would."

Scouting locations, they landed on a masonry garage on the busy 4th Street corridor in an area of Italian Village that was developing rapidly. Lauren laughs as she recalls, "When we signed the lease on 4th, the contractor was certain we were doomed. I mean, it is hard to describe what we are. A coffee shop? A bakery? Whatever it is, I think it just shows how undefined this space (of coffee shops and bakeries) is."





The concept was sketched on car rides and over coffee. They landed on the name while catching the lyrics to a Belle and Sebastian song on their way to a concert:

Fox in the snow, where do you go To find something you could eat?
Cause the word out on the street is you are starving
Don't let yourself grow hungry now
Don't let yourself grow cold Fox in the snow

While Jeff drove, Lauren searched the internet for images of a fox in the snow. A line drawing intrigued her, so she traced it back to the artist in Chicago. With a few minor tweaks, their logo was completed. “I am not even sure she realizes what we did with it,” Lauren smiles. “We needed it for our business plan which, by the way, we also found via Google.” With little more than the logo, a few interior inspirations, and a simple menu, an angel investor was secured and the dream was on its way to a reality.

The science behind their success seems to be a combination of an incredible appetite for hard work, an innate ability to keep things simple, and an uncanny sense of timing. Jeff describes the sparse, industrial decor as “rest for the over-scheduled 21st Century soul.” There are no color photos inside, the signs are basic, and the food is displayed sans any markers - forcing interaction between staff and customers. Seating is largely community - at long tables with close chairs. And on the topic of no wifi? “It keeps the room lively,” Jeff explains. “It is all very intentional. We didn’t want a quiet, stiff cafe.”

The now legendary baked goods are made from scratch in the German Village shop, and then baked onsite at the original 4th Street Cafe and the newest location in New Albany. The original recipes (all the mainstays) were Lauren’s creations and “will probably never disappear” (especially that egg sandwich, as any regular can attest). The kitchen manager,





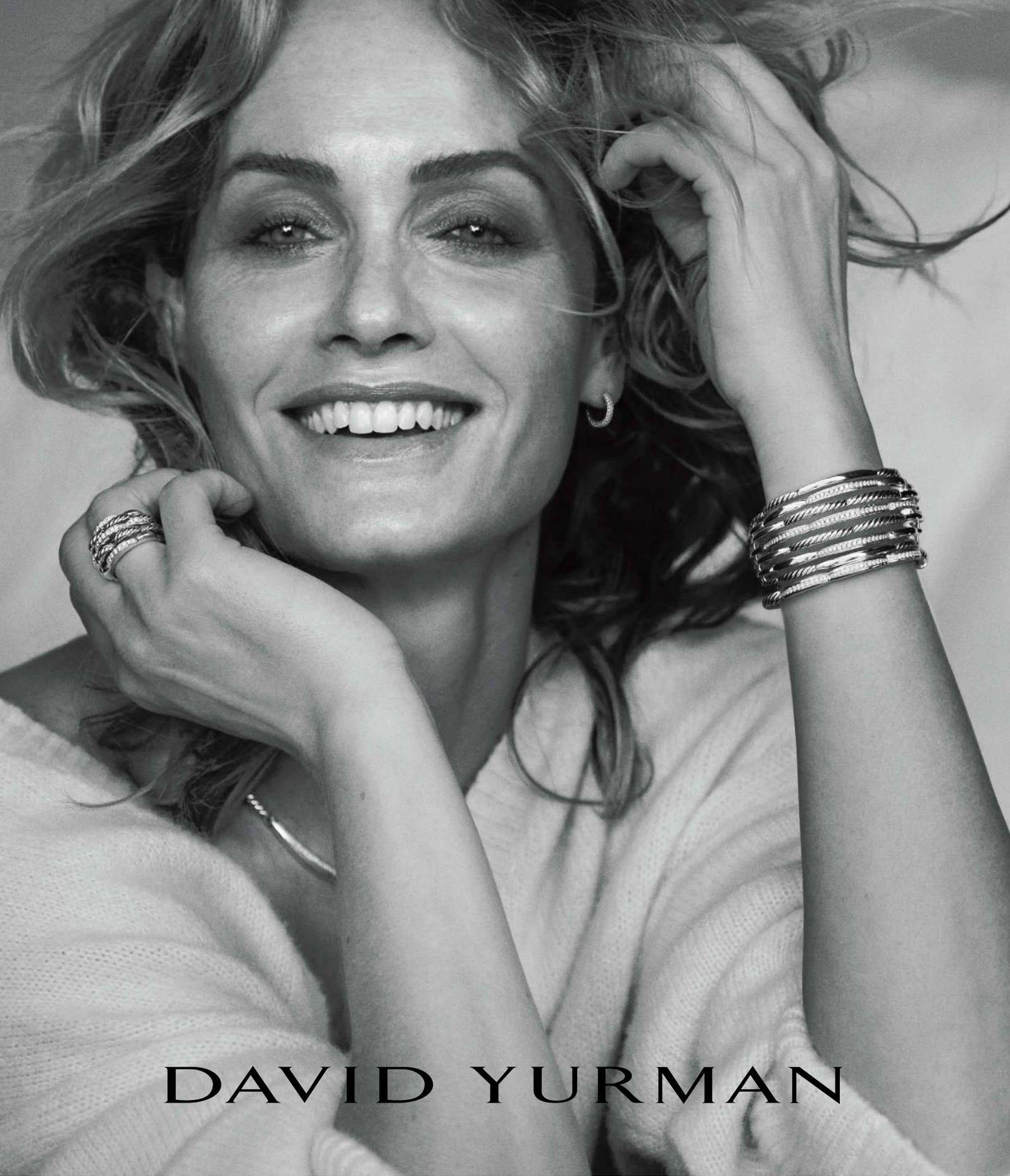
Anna Decerce, brings considerable experience from a nearby and more than notable peer, Pistacia Vera. Lauren guides and provides the inspiration, while Anna makes it happen.

From day one, the duo has beaten the odds. Opening and scaling in a way that any restaurant startup would envy, though Jeff challenges the perception, “it just looks like we’ve scaled. We boot-strap a lot, but the gift is freedom and autonomy.” The price is a grueling work schedule - physically and mentally. Lauren nurses their new baby during our interview, while Jeff steps away to take a call from their mechanic. “The big mixer is broken,” Lauren explains. “That’s kind of a big deal.”

I comment on the timing of raising a family (they have a toddler back at home) alongside building a firecracker of a business. “We owe it to our team to grow,” says Jeff. “If you are a great team member, why would I limit your ability to grow in your work? You want to be a manager? I want to make more manager jobs so we can give you opportunities.” Lauren continues, “We also owe it to our customers. People drive a long way to get to that 4th Street shop. They deserve one in their community.”

As Jeff steps away to change the baby, I marvel at their energy. When we part, Lauren ends with this: “We just want it to fulfill its potential, and when it feels like there is a ton of potential, you just want to run with it.”

My curiosity motivates me to seek out the song that inspired it all. The lyrics aren’t lost on me - or, apparently, Lauren and Jeff. It only happens once a lifetime Make the most of it. [sl](#)



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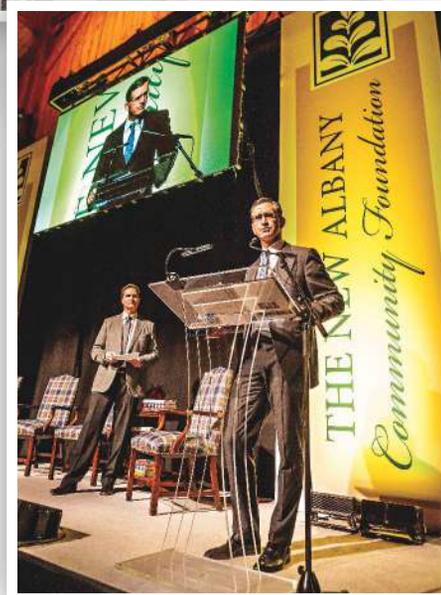
MARCH

- 1 Big Wish Gala, Hilton Easton; oki.wish.org
- 1 Operation Feed (though June 31); midohiofoodbank.org
- 1 Off the Wall Gala; heinzerling.org
- 1-31 Hoarders Without Borders 1 (2018) by Jodie Mack; wexarts.org
- 2 Catholic Social Services Spirit of Hope Gala; colscss.org
- 2 CMA Comes Alive; columbusmuseum.org
- 3 Gallery Hop, Short North; shortnorth.org
- 7-10 Amelia Island Concours d'Elegance; ameliaconcours.org
- 9 Eat Up! Columbus, St. Charles Preparatory School; freedomalacart.org
- 9 Off the Grid presented by GenWex, Wexner Center for the Arts; wexarts.org
- 9 Benefit Concert, the Ohio Theatre; columbus_symphony.com
- 12 Girl Scouts of Ohio's Heartland State of the Girl; gsoh.org
- 13 American Red Cross - Humanitarian of the Year; redcross.org/ohiobuckeye
- 13-23 Asia Week, NYC; asiaweekny.com
- 14-17 14th Annual Charleston Antiques Show; historiccharleston.org
- 24 Community Day (Exhibition: Light); pizzuticollection.org
- 27-1 USPA Gauntlet of Polo Season Championship, Intl. Polo Club Palm Beach; internationalpoloclub.com
- 29-30 Mozart: Requiem , Ohio Theatre; columbus_symphony.com



APRIL

- 1 Operation Feed (ongoing through June 30); midohiofoodbank.org
- 3 YWCA Women of Achievement Luncheon; ywcacolumbus.org
- 5 BalletMet - Night at the Barre; balletmet.org
- 6 Breath of Hope; breathofhopeohio.com
- 6 City Year Red Jacket Ball; cityyear.org/columbus
- 6 Spring CCAD Art Fair; ccad.edu/events
- 6 Gallery Hop, Short North; shortnorth.org
- 11-14 Equine Affaire, Ohio Expo; equineaffaire.com
- 12-14 Opera Swings Jazz, the Southern Theater; operacolumbus.org
- 12-14 BalletMet's Cinderella , Ohio Theatre; balletmet.org
- 13 Marburn Academy Annual Gala, L Brands; marburnacademy.org
- 13 Blast: The Big Science Bash; cosi.org
- 13 Equitas Health - AIDS Walk Central Ohio; aidswalkohio.com
- 15 STEM Rocks the Box Showcase , shadowboxlive.org
- 18 Harmony Project - Kids in Harmony; harmonyproject.com
- 19-30 Decorator Showcase; columbusmuseum.org
- 25-28 Art Brussels Contemporary Art Fair, Tour & Taxis; artbrussels.com
- 23 Dr. Jennifer Carter: Leadership, Wellness & Balance, CSG; columbuschoolforgirls.org
- 25-27 Tybee Island Wine Festival; tybeeisland.com
- 26 American Red Cross Power of the Purse Licking Co., Bryn Du Mansion; redcross.org/ohiobuckeye
- 30 Jewish Family Services Easton Job Fair; jfsolumbus.org





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 The Salvation Army in Central Ohio held its 12th Annual Need Knows No Season Luncheon on November 1, 2018 at the Hyatt Regency Ballroom. Around 750 guests heard a keynote presentation from speaker Jenna Bush Hager, contributing correspondent on NBC's Today Show and best-selling author, and celebrated Columbia Gas of Ohio, the recipient of the 2018 Need Knows No Season award for their long-standing support of the Salvation Army. Presented by Jeff and Lisa Edwards, the event raised around \$430,000 to support the nearly 50,000 people in need of help meeting basic needs served by the Salvation Army in Central Ohio. Learn more at SalvationArmyCentralOhio.org.



1) Anglea Pace Emcee 2) Allison & Eric Smith 3) Amy McCormick & Dan De La Rosa, Kroger 4) Jeff & Lisa Edwards 5) Jennifer Griffith & Josh Riley, First Merchants Bank 6) Jordan Miller, Fifth Third Bank, with Major Debra & Steven Ashcraft, TSA 7) Columbia Gas team 8) Justin, Stanley Steemer, & Heidi Bates 9) Rachel Mohre, JB, Craig Mohre, New Albany Foundation, & Sarah Mohre 10) Barb Siemer, Siemer Family Foundation & Kim Swanson, TSA Board Member 11) Robert Shenton, SA Board Chair, Kelly Shenton, Mary & Adam Jauregui 12) Jenna Bush Hager

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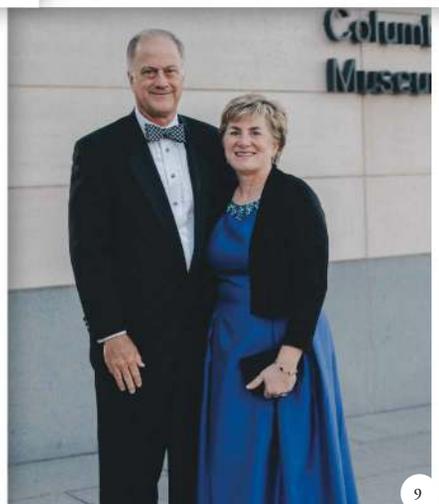
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ART CELEBRATION 2018

More than 300 guests attended the Columbus Museum of Art's signature fundraiser, Art Celebration, on Thursday, October 18, 2018, raising more than \$500,000 for the Museum. Guests enjoyed cocktails, dinner, and a special premiere of guest curator Wil Haygood's nationally-acclaimed exhibition "I, Too, Sing America: The Harlem Renaissance at 100," which celebrates the centennial of the Harlem Renaissance. The evening honored longtime CMA friends and arts-champions Donna and Larry James and welcomed special guest Wil Haygood, who authored a book and curated the exhibit.



1) Amy & Josh Corna 2) Janet Jackson and Tim Holston 3) Jeffrey and Marjie Coopersmith 4) Larry and Donna James 5) Christopher and Jennifer Peterson 6) Mac and Jessica Joseph 7) Loann Crane and Peggy Walter 8) Marshall Shorts & Currecia M. Gamble 9) Steve and Dee Dee English 10) Ariel Peguero, T.Wong, Kenneth Eaddy 11) Mayor Andrew Ginther and Nannette Maciejunes



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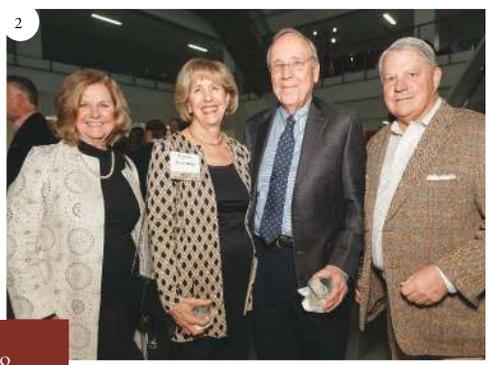
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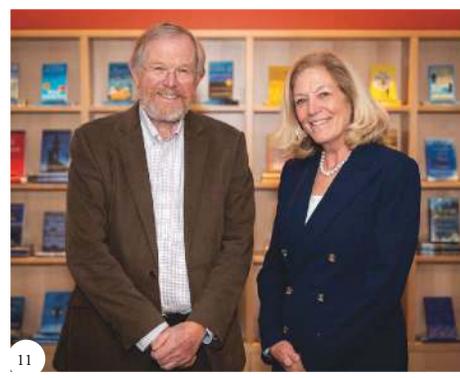
5964 Lower Bremo Lane, New Albany

Main level features newly refinished hardwoods floors, 9' ceilings, lots of natural light. Open kitchen w/ butler's pantry, over-sized walk-in pantry, stainless appliances, granite counters. Upstairs boasts 9' ceilings, spacious master suite with two walk-in closets. Located on a tree-lined street with nearby parks and walking trails. 4 bed | 3.5 bath | 3,597 sqft. \$559,900.



CELEBRATION OF LEARNING 2018

The Columbus Metropolitan Library hosted its 26th annual Celebration of Learning, its largest fundraiser of the year, on Friday, November 2, 2018. Featuring The New York Times best-selling author Bill Bryson, who wrote the acclaimed *A Short History of Nearly Everything* among over 20 other books, and recognizing Donna and Larry James with the Julian Sinclair Smith Award for Lifelong Learning, the event welcomed more than 600 guests to the Main Library. Attendees enjoyed cocktails, dinner and a book signing, and the event raised \$783,000 to support the library's most meaningful priorities, services and programs.



1) Event Chairs Melanie and Mike DeAscentis 2) Bebe Finn, Barbara and Al Siemer, John Finn 3) Cathy Lyttle, CML CEO Patrick Losinski, Jeffrey Lyttle 4) Mo Meuse, Loann Crane, Corde Westwater Robinson 5) Barbara Derow, Carol and Chris Clinton, Philip Derow 6) Aaron and Rebecca Shocket, Larry Hilsheimer, Tanny Crane 7) Joanna Pinkerton, Brenda and Dr. Michael V. Drake, Emille Williams 8) Donna James, Catherine Willis, Larry James, Bettye Stull 9) Melissa Ingwersen, Carol J. Andreae, James Garland, Frank Ingwersen 10) Jack Kessler, Margaret Ferriter and Lieutenant General Michael Ferriter, Charlotte Kessler 11) Bill Bryson and Cindy Rasmussen 12) Pete and Cid Rhomberg, Maria and Timothy Frommeyer 13) Tim Faber, Francie Henry, Marilu Faber, Delaney Burgdoerfer



The Best Brand-New Homes In New Albany!

Open Sundays 1:00 - 4:00 PM



2 Ealy Crossing South

This suburban "urban living" home features incredible kitchen with huge island, wine nook, dual pantry, very open first floor plan with two great living areas, hearth room, and private study. Amazing master suite with fireplace and sun porch. 2 more BR suites on main 2nd level plus separate 4th BR/guest suite apartment. Lower level has approx. 1000 SQ ft finished with recreation/media room, beverage bar plus 5th BR/workout room and full bath. Located 5 min stroll to the New Albany Village Center with coffee shop, 4 restaurants, shops, library, park, McCoy arts center, school campus, 30+ miles of leisure trails and about 1 mile from NACC clubhouses. Full Energy Star rated home.



6976 Hanbys Loop, Ebrington

Approx. 5400 total sq ft of living space comprised of approx 3800 sq ft on the first and second levels plus additional 1600 sq ft in lower level. First floor guest suite, private study, engaging kitchen open to hearth/dining area +great room, top of the line finishes throughout. Second floor has master suite w/spa bath plus two other full bedroom suites. Lower level has workout area, media area for parties for the big game, recreation room, beverage center bar and second guest suite w/full bath. Around the corner from neighborhood park and very close stroll to NACC facilities and 30+ miles of leisure trails.



REMARKABLE EVENING 2018
The New Albany Community Foundation's 16th annual Remarkable Evening Benefit was hosted by Abigail and Leslie Wexner at their New Albany home on November 28, 2018. Over 400 people attended the event, which featured a discussion with Pulitzer Prize-winning historians Joseph J. Ellis, Doris Kearns Goodwin and Jon Meacham, moderated by David Gergen. Funds raised from the evening will be invested back into the community through grants supporting lifelong learning, health and wellness, arts and the environment. The evening was made possible by the generous sponsorship of the The Wexner Family, AEP, The Berend Family & Joint Implant Surgeons, Huntington, Justice, New Albany and Nickolas Savko & Sons, Inc.



1) Ed and Ellen Yen 2) Frank and Jewel Benson, Steve and Molly Dutton 3) Marina MacDonald, Maureen Graham
4) Cathy Taub, Charlie and Shannan Dankworth 5) Joyce and Michael Haller, Sheryl and Dr. Phil Heit 6) Matt and Traci Golis, Sheryl and Jeffrey Angart
7) George Skestos, Al Seimer, Barbara Seimer, Tina Skestos, Ann & Ron Pizzuti 8) Delaney Burgoerfer, Holly Kastan, Dr. Craig Kent, Lisa Viscardi
9) Dr. Keith and Cindy Berend, Emily and Jason Hurst 10) David & Lee Paragas 11) Andrew and Anne Alexander, Suzie and David Hirsh 12) Sue & Andrew Skasko

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JEFFERSON SERIES – GLENN CLOSE

Award-winning actor, writer, producer and mental health advocate Glenn Close visited New Albany on January 15, 2019 as part of The New Albany Community Foundation's 2018-2019 Jefferson Series season. Close, who recently earned a Golden Globe, Critic's Choice and SAG Award and an Academy Award nomination for Best Actress for her role in *The Wife*, spoke to packed audiences while in the community. Nearly 1,000 students representing 17 central Ohio schools interacted with her at the Jeanne B. McCoy Community Center for the Arts during the day. Later that evening, Close was interviewed in front of a sold-out audience by WBNS 10TV's Health Reporter, Tracy Townsend. Close spoke about her accomplished career and her efforts to de-stigmatize mental illness. The evening was made possible by the generous sponsorship of the Barbara W. & Philip R. Derrow Family Foundation, Donna & Nick Akins Fund, Karen & Irving Dennis Family Fund, Redgrave Family Fund, Christine & Jeffrey Rodek Fund, Lynne & Steve Smith Family Fund, Leslie H. Wexner Jefferson Series Fund, Abercrombie & Fitch, Conway Charitable Lead Annuity Trust, Beatrice Wolper, Trustee, donors who wish to remain anonymous, Turner Construction, AT&T, Bob-Boyd Lincoln of Columbus, Nationwide Children's Hospital, The Ohio State University Wexner Medical Center and Barnes & Thornburg LLP.



1) Fran Horowitz, Glenn Close, Michael Bonadies 2) April Manns, Amy Conway 3) Mike Eicher, Craig Mohre, Jack Kessler 4) Rick & Mary Jane Bayer, Linda Jakes, Anne Karapontso 5) Lee Paragas, Dr. Keith Berend, David Paragas 6) Lynne Smith, Taylor Berend, Cindy Berend 7) Diane Herman, Marion Fazi, Steve Herman 8) Holly Kastan, Delaney Burgoerfer 9) Alex Fischer, Michael Redd, Donna Teach 10) Sarah Briggs, Jennifer Spalding, Jessica Mayer 11) Achea Redd, Karri Schildmeyer, Nichole Ferris, Dr. Steve Allen, Joy Soll 12) Alex Fischer, Lori Barreras, Dr. Steve Allen, Glenn Close, Jamie Allen 13) Katie Vatke, Caroline Klodell, Sarah Underhill, Val Robinson, Chris Rincon 14) Linda Kass, Arlene Weiss 15) Amelia Jeffers, Ellie Jeffers 16) Jamie Allen, Cordelia Robinson, Arlene Weiss

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Gregory A. Munster

Senior Financial Advisor, CFP®, CRPC®

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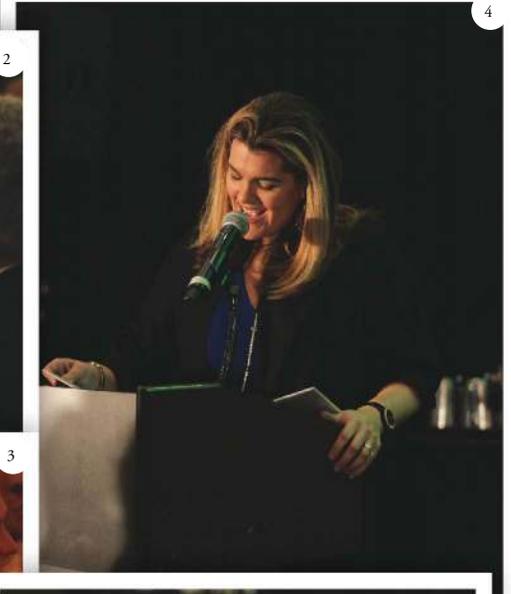
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Greg.Munster@wfafinet.com · p 614.573.0115 · f 614.536.0080

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THE CENTER FOR BALANCED LIVING HOPE GALA 2018

The Giving Hope Gala on October 27, 2018, was an incredible evening dedicated to The Center for Balanced Living's compassionate, life-saving work of helping people overcome eating disorders. The Center's CEO, Kelly Trautner, Gala Chair, Polly Bernacki, and Emcee Mikaela Hunt led the inspirational evening. The program included retired Major League Baseball Catcher Mike Marjama, who told his story of recovery from an eating disorder, a stirring dance number by The Columbus Modern Dance Company, and a "Fund the Mission" auction led by Amelia Jeffers. The

Center and its patrons are grateful for the hope provided by this fundraiser to advance its missions of eating disorder treatment, research and prevention.

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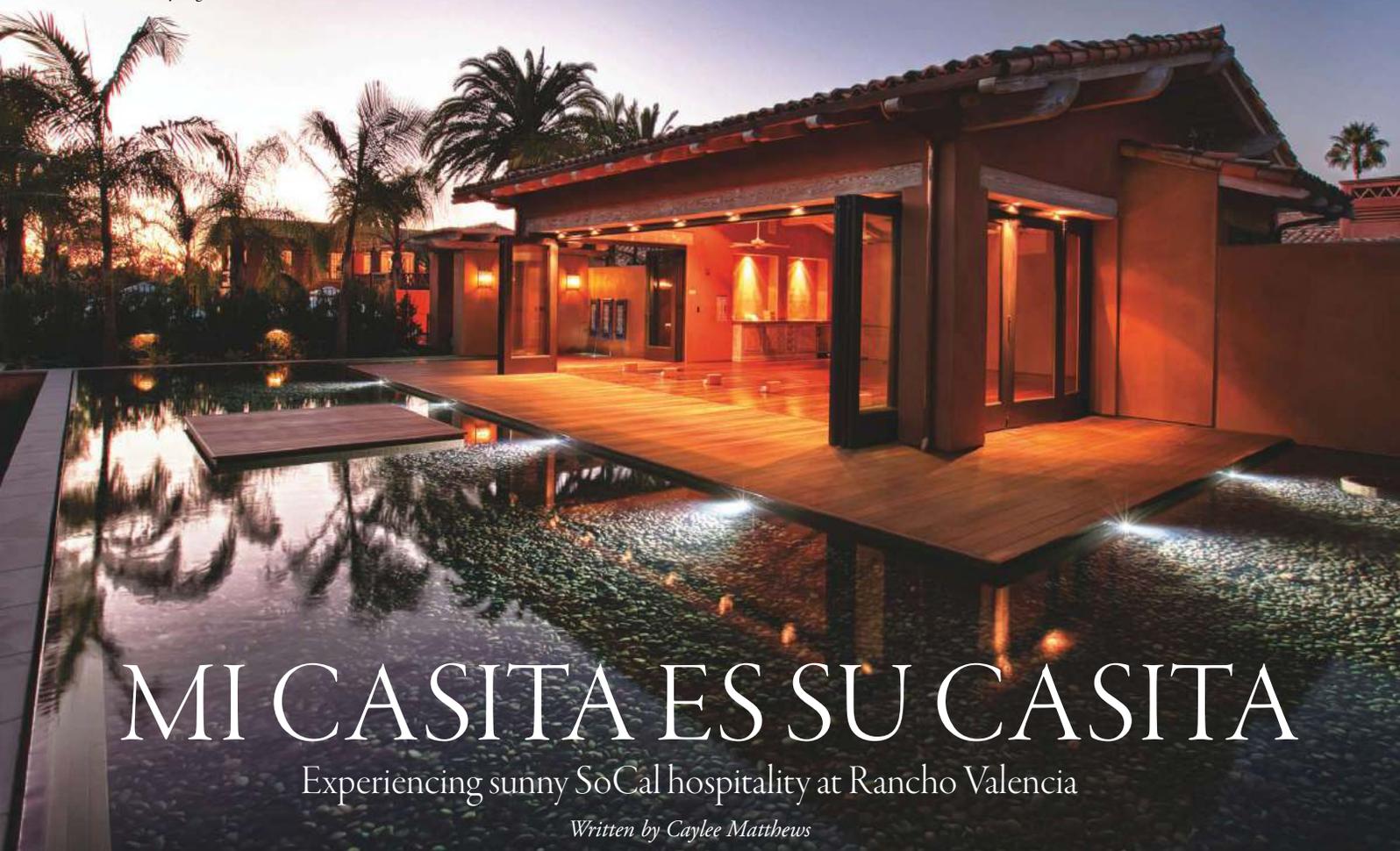
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1) Mike Marjama 2) Cal Timbrook 3) Sarah & Chris Blanda 4) Mikaela Hunt 5) Amelia Jeffers 6) Dr. Walter and Polly Bernacki 7) Amelia Jeffers, Jonathan Gilchrist



MI CASITA ES SU CASITA

Experiencing sunny SoCal hospitality at Rancho Valencia

Written by Caylee Matthews

“Welcome to our home,” said the lovely attendant who greeted me by name as he offered me a blood orange iced tea in the courtyard of Rancho Valencia Resort & Spa, the only Relais & Châteaux property in Southern California. I could hardly imagine a better setting to call home for a few days: 45-acres that were once part of a 1,000-acre orange grove in the midst of a high-end residential neighborhood just 25 miles north of downtown San Diego.

Originally opened in 1989 and owned by an adroit and wellness-oriented San Diego-based investment group since 2010, the resort closed for 10 months as part of a \$30 million property-wide refresh completed in October of 2012. Even with the opulent upgrades, the new owners worked with the original architect to ensure that the buildings and grounds remained quintessential Southern California, from the Spanish Colonial architecture to the abundant bright pink bougainvillea.

Meshing well with the surrounding residential area, the 49 all-suite casitas average a generous 1,000 square feet, and have either a private garden patio or outdoor spa patio with a jacuzzi. The interiors of the guest rooms boast bespoke rustic-style furnishings, vaulted beamed ceilings, brightly hued commissioned artwork from Mexico City that pops against the warm vanilla-colored walls and wood tones, sumptuous bed linens, walk-in closets, and enormous bathrooms with deep soaking tubs.

My favorite design feature, which I came to appreciate on my very first morning, was a console table outside the front door of my casita, which facilitated daily delivery of sunshine in a glass—aka freshly squeezed orange juice— along with my newspaper of choice. Call me old fashioned, but I relished in what I saw as an invitation to ease into each day.

Activities and amenities at Rancho Valencia embody the “work hard, play hard” ethos. For instance, I had no qualms about indulging in a Baja chorizo and egg burrito at breakfast, a signature Rancho burger at lunch (they had me at black truffle aioli), or a bite or two of dessert at dinner, knowing that I’d need plenty of fuel to power me through each day’s packed itinerary.

With 95 complimentary fitness classes each week, ranging from hard-core cardio to yoga for beginners, fitness junkies will think they have found heaven-on-earth. An offering of an après-class cold-pressed juice or protein shake is a nice reward and serves as a little extra motivation for those who aren’t as keen on exercising. For a more freestyle calorie burn on property, guests can partake in biking (the resort has a partnership with Italian bike manufacturer Pinarello), hiking, croquet, and bocce ball. A tee time at one of five nearby country clubs can be arranged by the concierge.

The resort offers 18 tennis courts, including a "main stage" center court with seating, and two new courts with red ClayTech finishing.





The Pony Room



Reflecting the passion of its original owner, the property debuted in 1989 with 18 tennis courts, a huge number for a resort with just 50 rooms. The resort has retained its draw as a haven for tennis enthusiasts as reflected in its rating by *Tennis Magazine* as Southern California's No. 1 tennis resort each year since 2008. The new owners added two European clay courts and refurbished the 16 plexi-pave championship courts, tennis clubhouse and pro shop. Court time and use of a ball machine are included amenities that fall under the \$35 daily resort fee.

Robin White, a two-time U.S. Open Women's Doubles Champion who played professionally for twelve years, used to train at Rancho Valencia in the 1990s. Today, "Rockin" Robin is back at the resort as its Tennis Director, leading an esteemed team of tennis professionals. Her passion is as palpable as her patience while instructing newbies, and in short order she had me feeling relatively comfortable on the court.

I was ready for a reprieve after working up a sweat on the tennis court, and the spa at Rancho Valencia offers up ample opportunities for relaxation. Finding a quiet nook and soaking up the sun in the spa gardens or seeking shade and solace inside a cabana next to the lap pool is a restorative exercise in and of itself. Spa treatments incorporate Natura Bissé and ISUN skin and body care products. During my blissful 90-minute facial, which included the trifecta of a scalp, foot and hand massage as part of the service, the products that were applied to my face smelled good enough to eat!

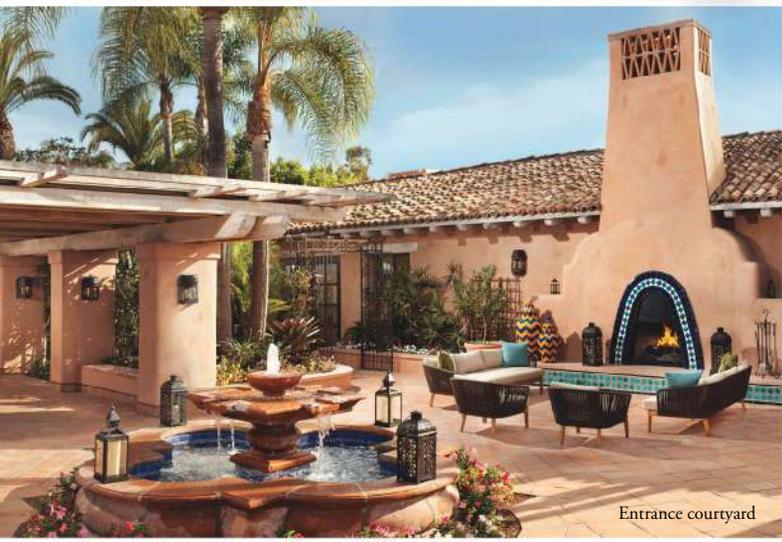
Dining is a delight, whether you are inside one of the exquisitely outfitted dining rooms, or al fresco, where you can frequently spot hot air balloons dotting the sherbet-colored sky at sunset. While each on-site dining destination has its own distinct personality, they share a conscientious commitment to utilizing the best of what's freshest according to the season, as well as sourcing as locally as possible, including the resort's own gardens.



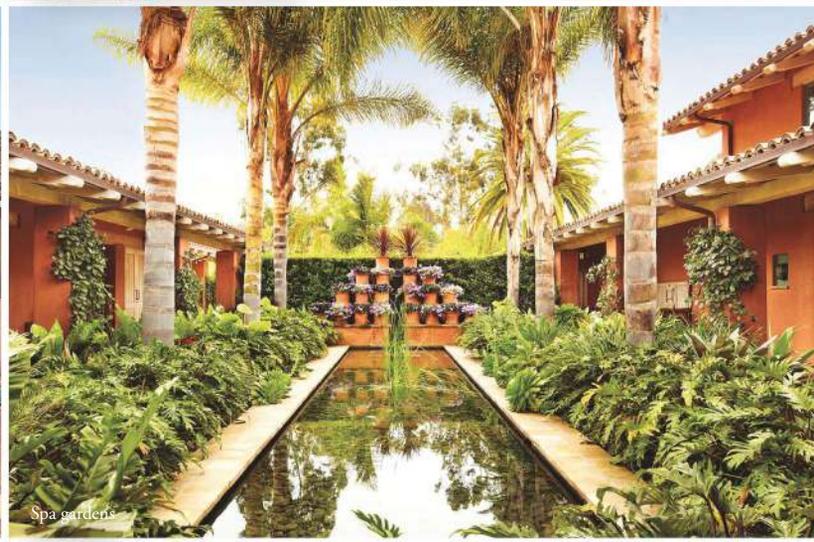
Spa pool



Seating areas outside The Pony Room



Entrance courtyard



Spa gardens



Veladora



With servers attired in riding-inspired uniforms, The Pony Room pays homage to the area's rich equestrian heritage (Del Mar racetrack is only 10 minutes away). While the vaulted ceiling calls to mind the airiness of a barn, the reclaimed wood floors are more literal: barn wood from a Tennessee farm. Serving lunch and dinner, there are 150 varieties of tequila behind the bar (I preferred to enjoy mine in a spicy margarita).

Across the courtyard is Veladora, which has similar ceiling architecture as its neighbor, but in a darker hue that adds gravitas apropos for this finer dining destination. A largely monochromatic color palette enables the room's two focal points—a large artwork by Damien Hirst comprised of thousands of butterflies, and a fireplace surround executed in Venetian plaster tinted a vibrant royal blue—to take center stage. The Mediterranean-inspired dishes are tantalizingly plated, allowing you to discern the freshness of the ingredients even before the first bite crosses your lips.

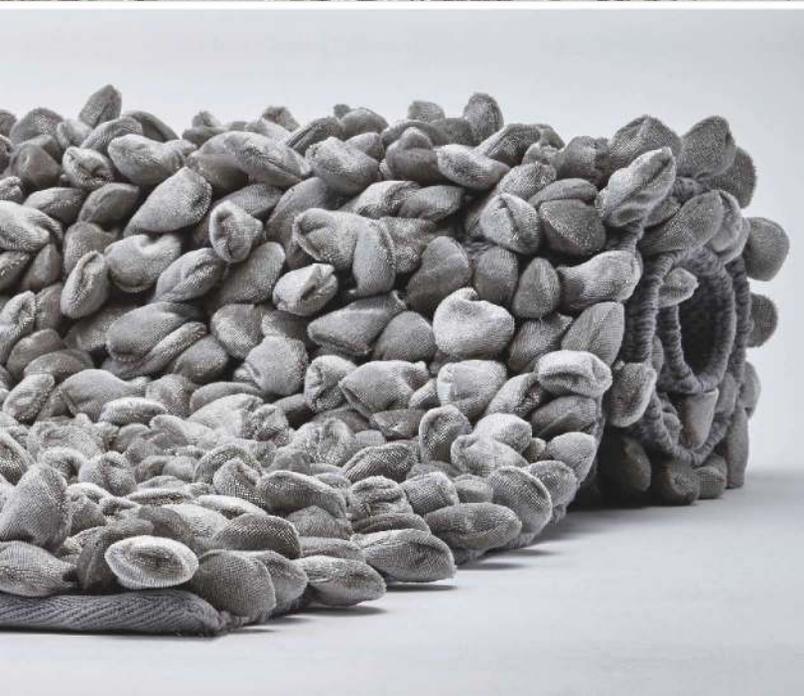
A private dinner in the Wine Cave is a delight for both foodies and oenophiles. Substantial wood doors open to reveal

a long, barrel-vaulted room clad in brick from floor-to-ceiling. Displayed behind a wall of glass is a collection of 250 of the resort's most prized vintages (from micro-producers in California all the way to Tasmania), along with five full-sized oak barrels filled with the resort's own private blends.

Dan Chapman, an advanced sommelier and champion of boutique producers, said that Rancho Valencia goes to great lengths to get their hands on outstanding and hard-to-find wines, some of which are offered by the glass. If you happen to be on property during the weekend, join Chapman for sabrage demonstration and chat about all things bubbly.

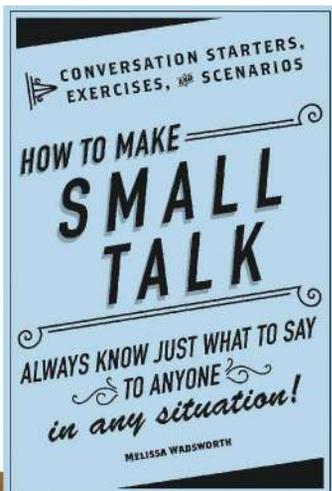
While there is certainly enough to keep one sufficiently busy on property, complimentary use of a Porsche Cayenne or Boxster convertible makes it easy to hit local highlights, including Torrey Pines State Reserve, the Flower Fields of Carlsbad and LEGOLAND California. Just be sure to make it back by sunset, as Rancho Valencia has some of the best views around.

Rates at Rancho Valencia start at \$650, per night. For more information or reservations, RanchoValencia.com or call (800) 548-3664.

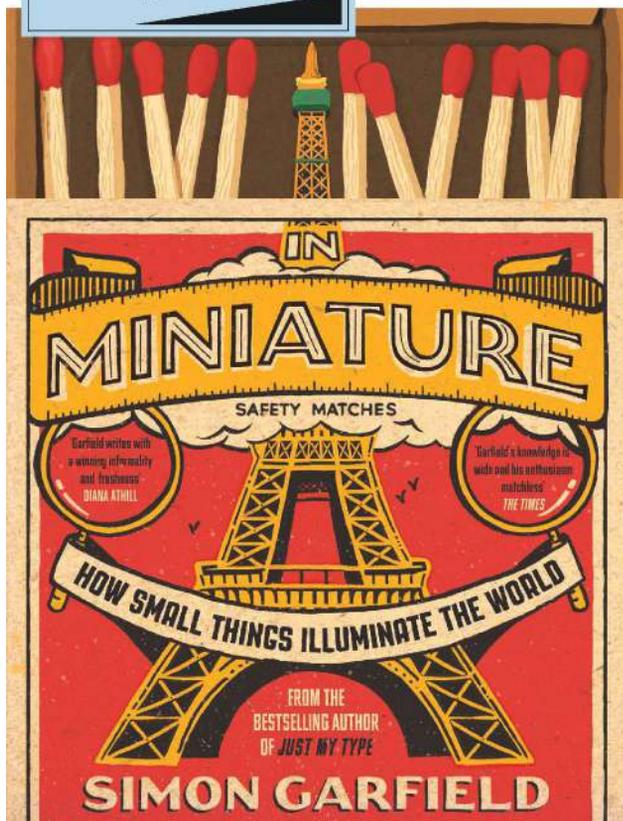
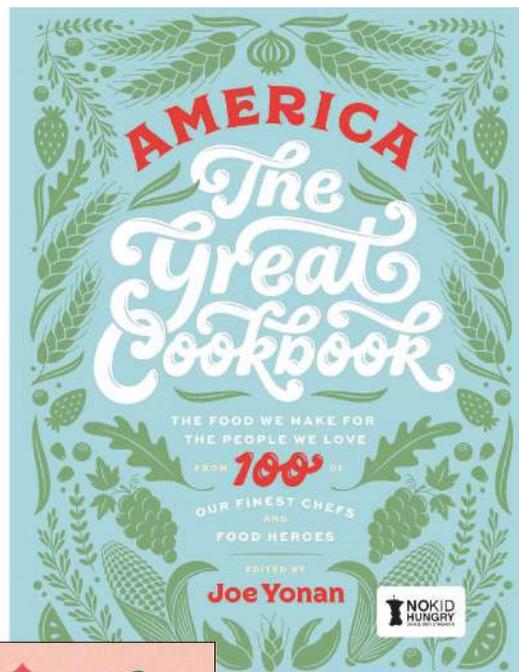


Bibliotaph... *All Things Great and Small* Compiled by Victoria Chase

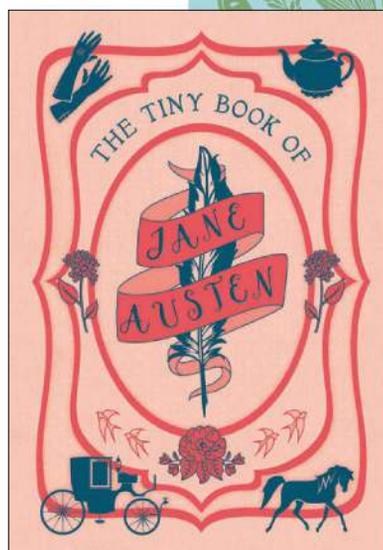
This one-of-a-kind, freshly photographed recipe collection presents portraits of America's foremost food personalities and their intimate stories about food, family, and their passion for cooking — each accompanied by one or more of their personal signature dishes and family favorites. *Joe Yonan (Editor)—America The Great Cookbook—hardcover, 482 pages, Weldon Owen (weldonowen.com)*



In an era of technology and digital communication, many of us find ourselves a bit out of practice when it comes to engaging in face-to-face small talk. Author Melissa Wadsworth provides simple advice, engaging visuals, and brief exercises to learn the art of small talk in a variety of situations. *Melissa Wadsworth—How to Make Small Talk: Conversation Starters, Exercises, and Scenarios—paper over board, 160 pages, Adams Media (simonandschuster.com)*

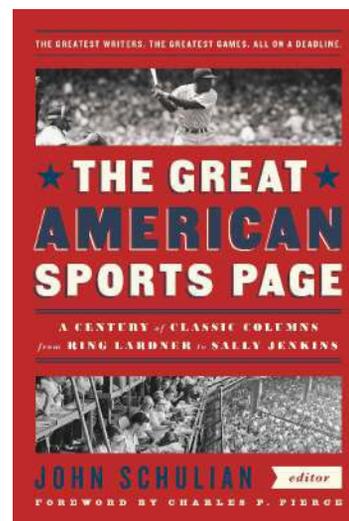


Melding history, psychology, art, and obsession, bestselling author Simon Garfield presents an intriguing look at humans' fascination with small things, and what small things tell us about our larger world. *Simon Garfield—In Miniature: How Small Things Illuminate the World—paper over board, 336 pages, Atria Books (simonandschusterpublishing.com)*



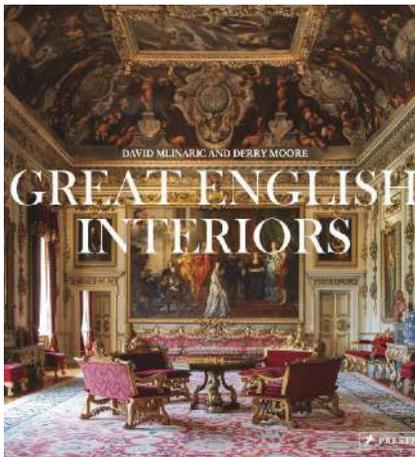
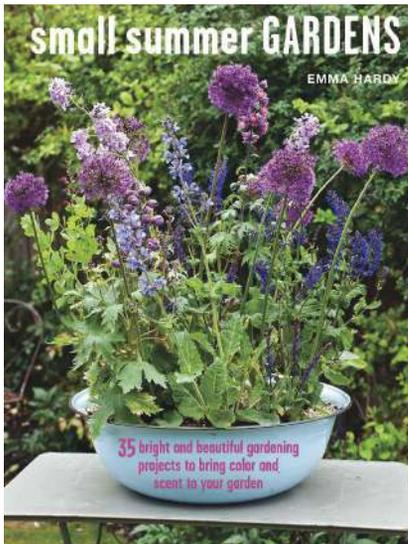
Perfect for any Jane Austen enthusiast, this pocket-sized book is packed with memorable quotes from one of the most influential writers of all time. *The Tiny Book of Jane Austen—hardcover, 192 pages, Insight Editions (insighteditions.com)*

Spanning nearly a century and encompassing everything from bouts on the turf to the hardwood, this book is a compilation of essential columns from more than three dozen masters of the press-box craft, written with passion, spontaneity and humor. *John Schulian (Editor), Charles P. Pierce (Foreword)—The Great American Sports Page: A Century of Classic Columns from Ring Lardner to Sally Jenkins—hardcover, 421 pages, Library of America (loa.org)*

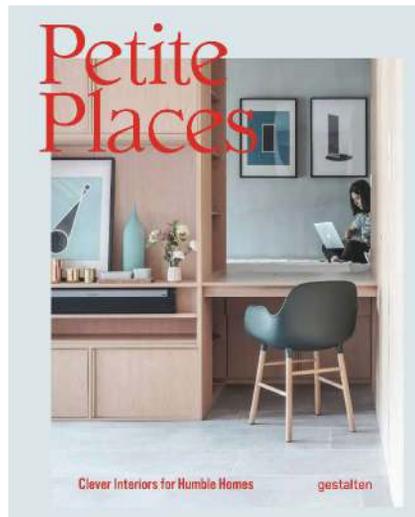


bib 'li' o 'taph, [bib-lee-uhtaf, -tahf]: a person who caches or hoards books

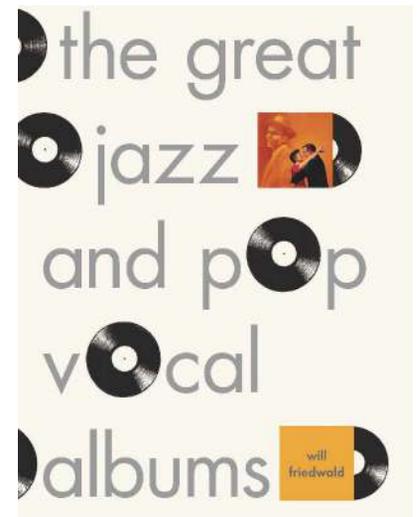
With expert guidance for projects ranging in scope from hanging baskets to flower beds, you'll be able to turn your backyard into a bright summer paradise. *Emma Hardy—Small Summer Gardens: 35 bright and beautiful gardening projects to bring color and scent to your garden—paper over board, 144 pages, CICO Books (rylandpeters.com)*



Photographer Derry Moore and interior designer David Mlinaric offer a panoramic tour inside some of Britain's finest manor houses, halls, castles, and public buildings built between the 18th and the 20th centuries. *David Mlinaric (Writer), Derry Moore (Photographer)—Great English Interiors—hardcover, 224 pages, Prestel Publishing (prestelpublishing.randomhouse.de/)*

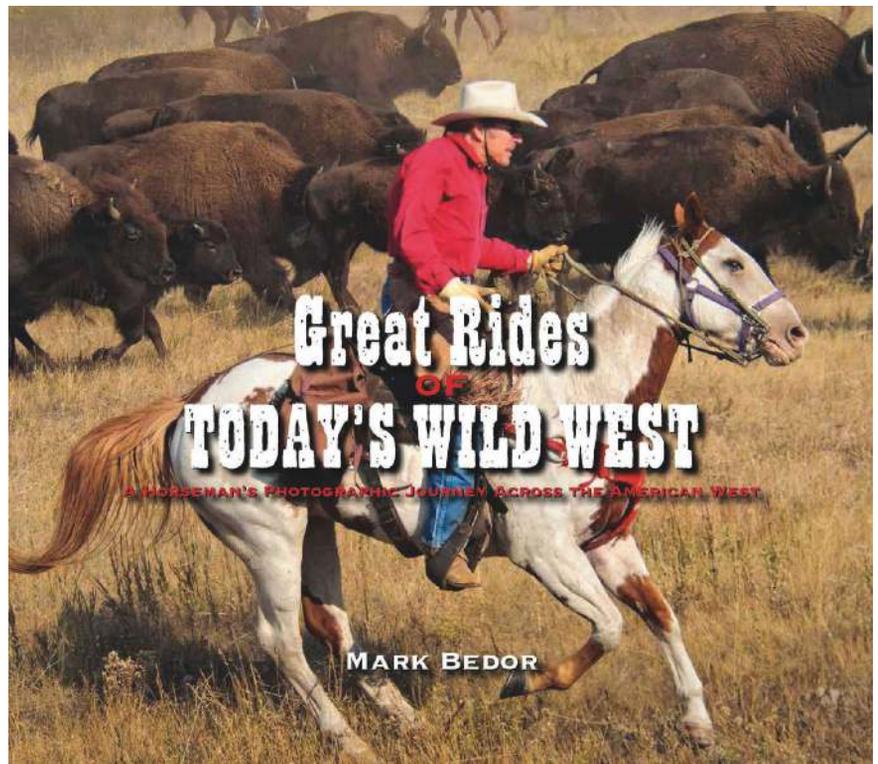


A guide for living small in the big world, the book's references to pioneering projects from the early 20th century provides perspective for modern living concepts. *Dr. Klaus Kemp, Tessa Pearson (Editor)—Petite Places: Clever Interiors for Humble Homes—hardcover, 256 pages, Gestalten (us.gestalten.com)*



Author Will Friedwald sketches the history of the greatest jazz singers—including the likes of Ella Fitzgerald, Frank Sinatra, Nat King Cole and Sara Vaughan—by dissecting their finest albums. *Will Friedwald—The Great Jazz and Pop Vocal Albums—hardcover, 432 pages, Pantheon Books (knopfdoubleday.com)*

Travel writer and photographer Mark Bedor showcases twenty-six horseback rides across the United States. *Mark Bedor—Great Rides of Today's Wild West: A Horseman's Photographic Journey Across the American West—hardcover, 240 pages, Skyhorse Publishing (skyhorsepublishing.com)*





BELLS & WHISTLES

Transportation highlights from the 2019 Consumer Electronics Show

Written by Andre James

Serving as the first major car show of the calendar year, the annual Consumer Electronics Show (CES) in Las Vegas also provides a barometer for both the progress of electric vehicles and how close we are to fully autonomous vehicles. Automotive companies are increasingly utilizing the CES to showcase concept cars of the future along with more ready-for-market leading-edge technology. We rounded up a few notable launches and lurches toward a future where a driver (and in some cases the road itself) are optional.

AUDI Audi's booth at the CES was designed around the motto "from driving experience to digital driving adventure," and placed the spotlight of two technologies for the in-car entertainment of the future. In the "Audi Experience Ride," backseat passengers can experience movies, video games, and interactive content even more realistically using virtual reality glasses. The "Audi Immersive In-Car Entertainment" project takes up the action in movie scenes

and translates it into real vehicle movements. In order to establish this new form of entertainment on the market as quickly and comprehensively as possible, a subsidiary of Audi, Audi Electronics Venture GmbH, has co-founded a startup named holoride GmbH, in which it holds a minority interest.

Also available for ogling was Audi's four-door Aicon, a sleek autonomous vehicle designed for fully electric operation, and engineered to cover distances up to 500 miles on a single battery charge.

BELL Resembling a drone with seating for four, the full-scale Bell Nexus air taxi concept unveiled at CES aims to begin test flights in early 2023. The vertical-takeoff-and-landing (VTOL) vehicle will be powered by a hybrid-electric propulsion system, with six 8-foot tilting ducted fans that enable Nexus to go from vertical liftoff to horizontal flight.



Audi Alcon



Audi e-tron equipped with the "Audi Experience Ride"



BMW Vision iNext display



BMW Motorrad's self-riding
BMW R 1200 GS motorbike



BYTON M-Byte SUV prototype



Mercedes-Benz Vision URBANETIC



Nissan LEAF NISMO RC



Toyota TRI-P4 automated driving test vehicle

BMW The focal point of the BMW's CES stand was Vision iNEXT, and the BMW Intelligent Personal Assistant, which constitutes the central element for interaction between the driver, their vehicle, and their digital world. The BMW Vision iNEXT formed the optical highlight of the exhibition stand, which also showcased the interior design principle "My Favorite Space" with harmonious, natural surfaces and technology that is kept discreetly out of sight and only becomes visible and operable when required by the driver or passengers.

Stealing headlines outside the show floor was BMW Motorrad's self-riding BMW R 1200 GS motorbike, which wowed onlookers as it steered itself around the convention center's parking lot without falling over. Development of this test vehicle, with its comprehensive understanding of ideal lines and perfect cornering, correct braking point, and traction-optimized acceleration, can help the driver constantly improve their skills.

BWM Group subsidiary Designworks unveiled a camper concept in partnership with The North Face to showcase a new fabric from The North Face called FUTURELIGHT, which uses nanospinning technology to create the world's most advanced, breathable, waterproof material.

BYTON The Chinese electric car startup previewed the digital cockpit of the production version of its M-Byte SUV. BYTON's 48-inch, curved Shared Experience Display (SED) remains the world's largest in-car display for a production automobile. The user can interact with the SED via a seven-inch Driver Tablet positioned at the center of the steering wheel or an eight-inch Touch Pad between the driver and front passenger seats. The production version of the BYTON M-Byte is slated to debut in mid-2019, with mass-production starting at the end of the year.

MERCEDES-BENZ The first Mercedes-Benz vehicle from the EQ brand—the EQC crossover SUV—celebrated its U.S. premiere. A pair of electric motors at the front and rear axles provides a combined output of 402 horsepower. The water-cooled onboard charger is suited for AC charging at home or at public charging stations. The MBUX Interior Assistant makes various comfort and functionality tools simpler and more intuitive.

Making its first North American appearance, the Mercedes-Benz Vision URBANETIC concept is a driverless vehicle aimed at ride-hailing and delivery fleets. Switchable bodies on the autonomous driving platform can accommodate up to 12 passengers; in cargo configuration it is able to transport items on ten 40-by-48-inch pallets.

NISSAN The all-new Nissan LEAF NISMO RC, an electric race car with more than double the maximum power and torque output of its predecessor, made its North American debut at Nissan's CES display. Two electric motors at opposite ends of the chassis, a new all-wheel-drive system, and a full carbon-fiber racing monocoque structure creates an optimal power-to-weight ratio with an impressive performance of zero to 60 mph in 3.4 seconds.

TOYOTA The Toyota Research Institute introduced the TRI-P4 automated driving test vehicle, which is based on the fifth-generation Lexus LS flagship sedan. In a press release, Toyota stated that the P4 is a much smarter research vehicle than its predecessor, thanks to greater computing power, allowing its systems to operate more machine learning algorithms in parallel for faster learning. All computing system power is drawn from the vehicle's hybrid battery, with the 12v battery now serving only as a backup. 



MAISON + MODE

Home and Haute Couture Trends from Paris

Written by Bridget Williams

Designing eyes were turned to the ‘City of Lights’ during the latter part of January as interior aficionados assembled at the Parc des Expositions for the Maison+Objet tradeshow, and fashionistas flocked to runways staged around the city for Haute Couture Fashion Week. We consulted experts at Maison + Objet for insight on what’s new and next in the realm of home decor, and found that complementary themes could be culled from the runways.

Veteran interior design and trend hunter Elizabeth Leriche curated 500 pieces for “What’s New” in the Décor Zone at Maison+Objet. She grouped her selections around three different themes: *Minimal Brutalist* referred to almost monastic minimalism, offering variations on pared-back pieces and raw materials and

lines; *Luxury Graphic* was inspired by the decorative arts of the 1930s to the 1970s, and featured luxurious pieces executed in marble, brass and velvet; and, *Ethnic Arty*, which celebrated the fusion of cultures and the blending of traditional savoir faire revisited by contemporary designers. “These diverse and, at times, opposing themes bear witness to the fact that we live in a society full of paradox where absolutely anything goes,” said Leriche.

She noted a rise in the application of concrete, both the actual material and imitation versions in wallpaper, paint, lights and even seating. She also pointed out a new approach to decorating walls using rugs as a wallcovering, and said that electric blue is making a comeback.



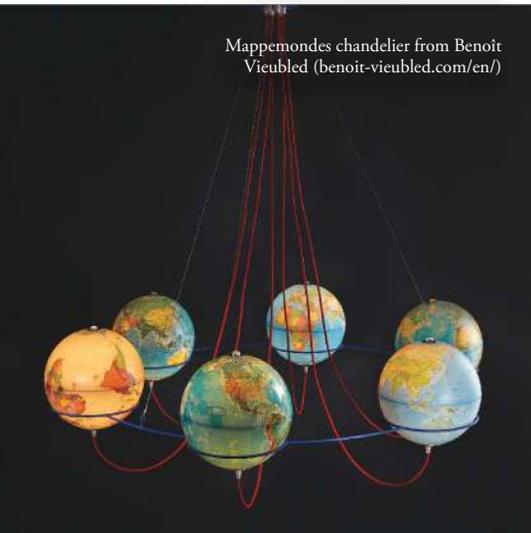
Blue butterflies under glass from *Objet de Curiosité* (objetdecuriosite.com)



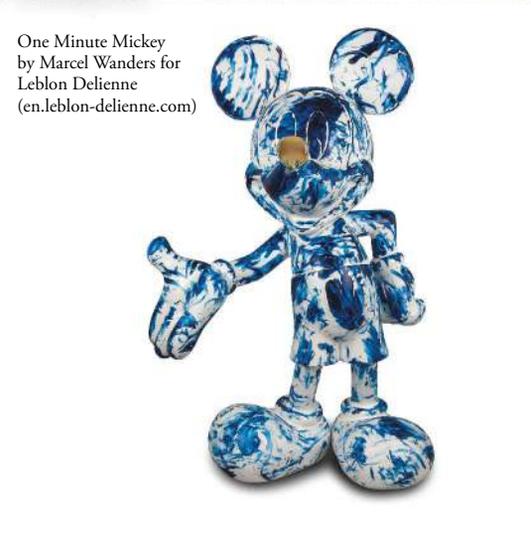
Trink bar cart by *KANN DESIGN* (kanndesign.com)



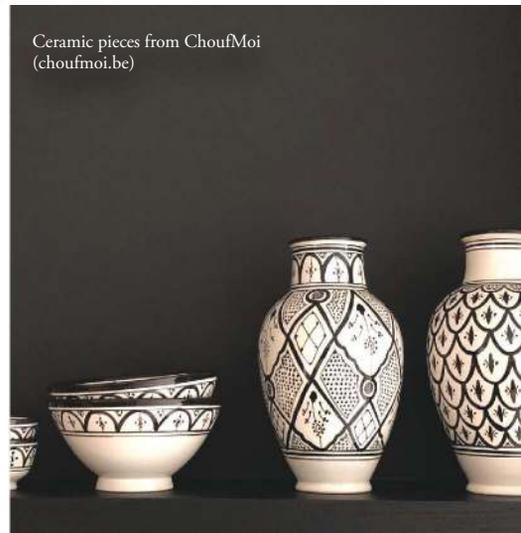
Ceramic Paris plate from *faïencerie Georges* (faïenceriegeorges.com)



Mappemondes chandelier from *Benoit Vieubled* (benoit-vieubled.com/en/)



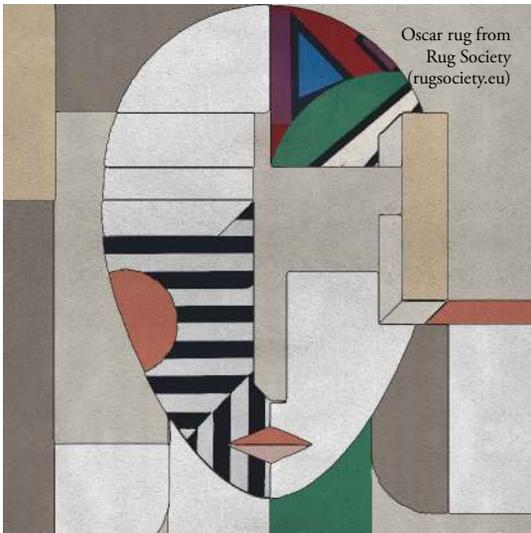
One Minute Mickey by *Marcel Wanders for Leblon Delienne* (en.leblon-delienne.com)



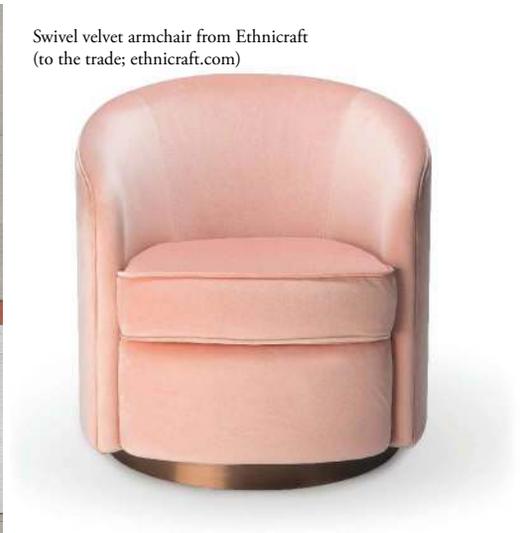
Ceramic pieces from *ChoufMoi* (choufmoi.be)



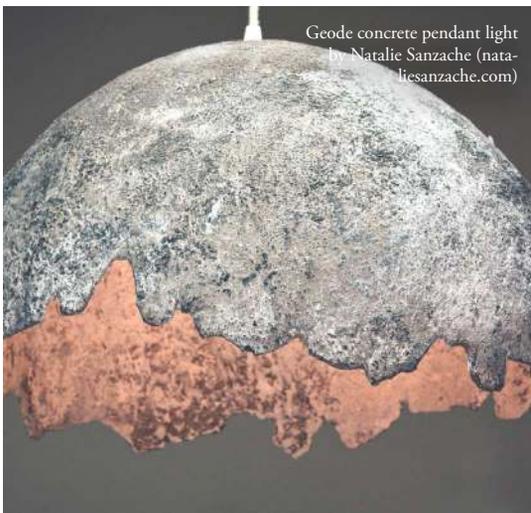
New Marble tableware from *BORNN Enamelware* (bornn.com.tr)



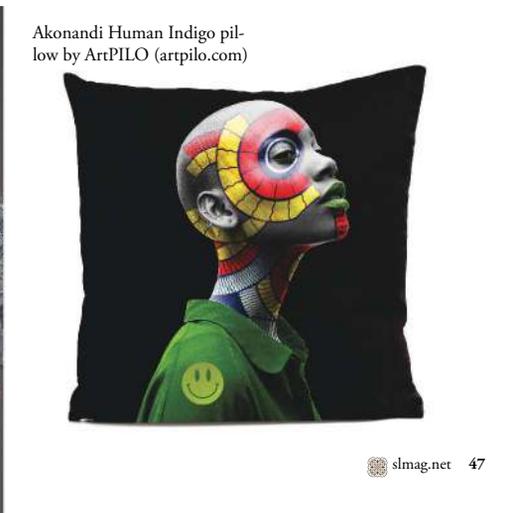
Oscar rug from *Rug Society* (rugsociety.eu)



Swivel velvet armchair from *Ethnicraft* (to the trade; ethnicraft.com)



Geode concrete pendant light by *Natalie Sanzache* (nataliesanzache.com)



Akonandi Human Indigo pillow by *ArtPILO* (artpilo.com)



Ziad Nakad s/s 2019
Photo by Isidore Montag/imaxtree.com



Alin Le Kal s/s 2019
Photo by Carlo Scarpato/imaxtree.com



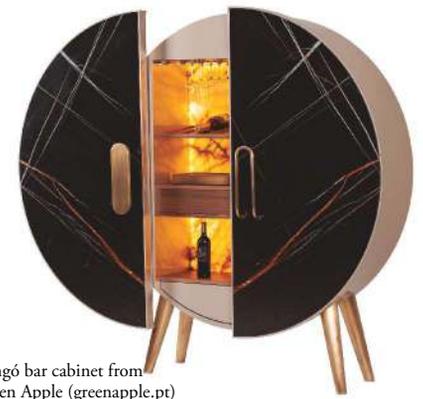
Adeline Ziliox s/s 2019
Photo by Carlo Scarpato/Imaxtree.com



Temple II cabinet from Malabar
(malabar.com.pt)



Inresse side table from
BIPOLART (bipol.art)



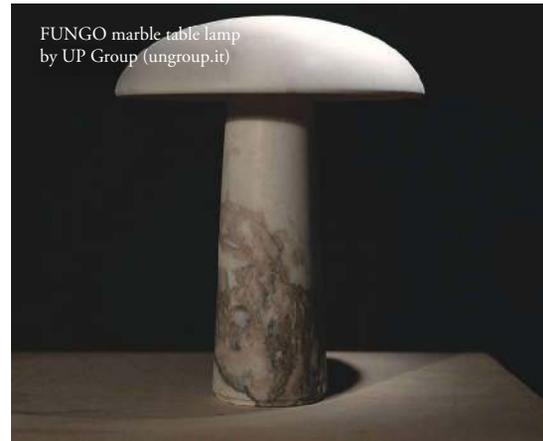
Bongó bar cabinet from
Green Apple (greenapple.pt)



Sky Blue pleated paper
lampshade from Ian Snow
(iansnow.com)



ASTAIR chair from Ligne
Roset (ligne-roset.com)



FUNGO marble table lamp
by UP Group (ungroup.it)



Patrick Pham s/s 2019
Photo by Salvatore Dragone/imaxtree.com



Alin Le Kal s/s 2019
Photo by Carlo Scarpatto/imaxtree.com

François Bernard, director of Paris-based trend consultancy agency Croisements, used tastes—savory, sweet, bitter, acidic, and spicy—for the starting point of his top trends in the Share Zone, which focused on tableware. Sweet celebrated pastel tones. Savory embraced whites, greys, blacks and sometimes bluish blacks like volcanic salt. “It is all about rough materials, creating a warm and contemporary rustic feel,” he explained. Bitter turned the spotlight on the green color palate, offering a fresh take on traditions. Acidic showcased yellows and yellowy-greens in all their glory, perpetuating the vintage trends of the 1950s and 1960s. Spicy brought about a riot of red and terracotta. “It’s all about embracing the outdoors, street food, global cultures.”

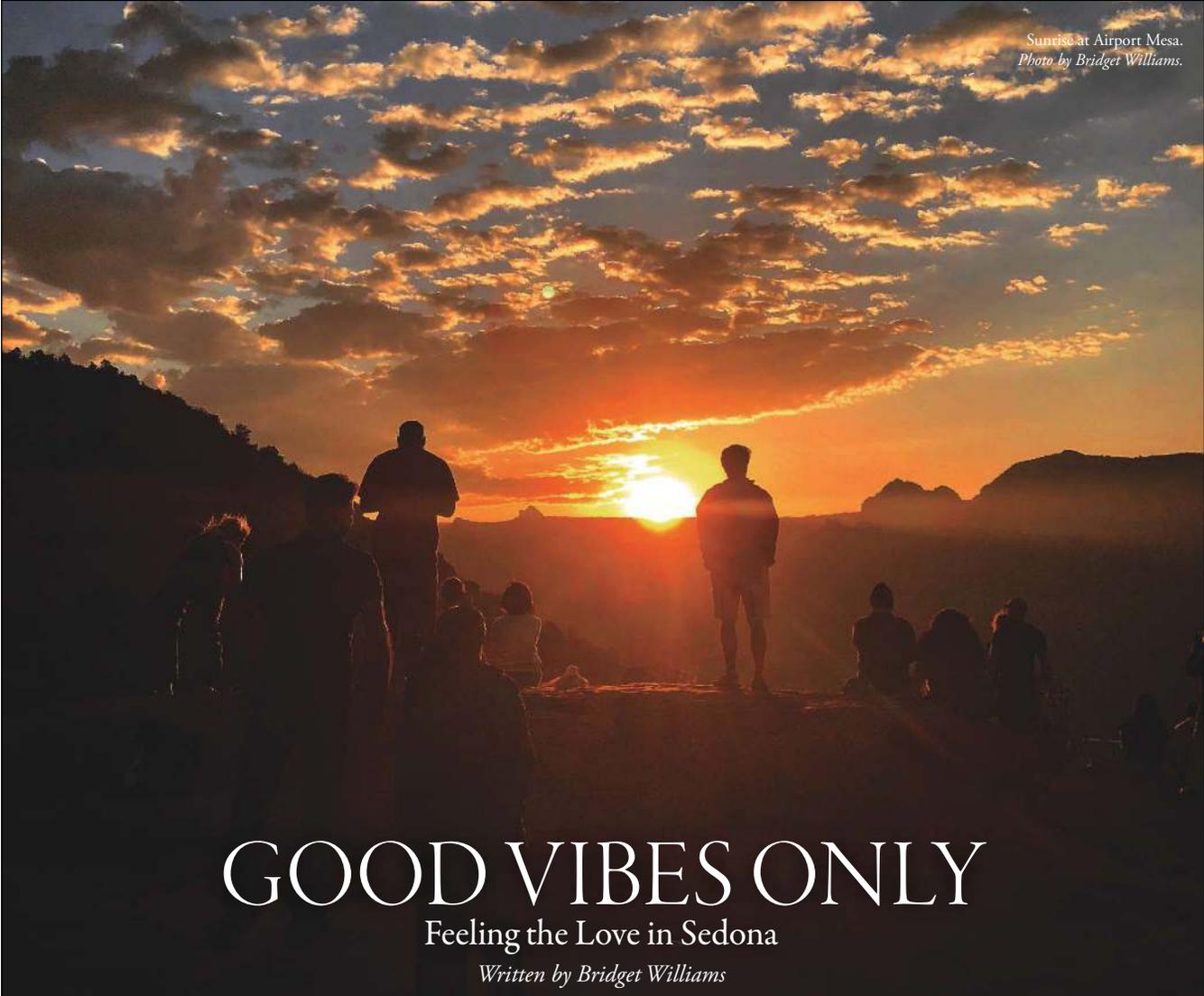
Bernard singled out the commingling of contemporary design with 18th century aesthetics; a rise in popularity of the color red; an increasing use of burnt wood; marbled effects on crockery and platters; and, the “molten” trend, with mirrors and lights flaunting oozing, drip-like silhouettes.

In the Leisure Zone, which showcased travel and fashion accessories, stationery, games, connected objects and souvenir gifts, stylist François Delclaux focused on the concept of travel, and the notion of whisking visitors off to three fictitious

countries. Wood Land celebrated wood and all things hipster and natural; Ice Land turned the spotlight on shiny and metallic pieces; and, in Sun Land, all the items exuded a summery vibe and a colorful punch. “These themes also allowed me to make the whole space revolve around nature, which is an extremely vibrant subject,” explained Delclaux.

Delclaux pointed out that wood has started popping up in the most unexpected places, including iPhone covers, perfumed candle holders, spectacles, and even technological devices. He noted that nautical motifs can be found in abundance, adorning trays, jewelry, coasters, embroidered patches and even snowballs. “A very 1950s Miami-esque vibe puts coral pink center stage – Living Coral has even been elected color of the year by Pantone,” he added.

For each session of Maison+Objet, Paris-based forecasting agency NellyRodi analyses the latest consumer trends and sociological phenomena, and groups them into a theme. The topic chosen for 2019 was *Excuse My French!*. “There’s a renewed curiosity about the French abroad, a sort of fascination at the moment,” said Vincent Grégoire of NellyRodi. For Grégoire, the movement is linked to globalization: “In a world where things are becoming standardized, people are looking for something different.” ^{sl}



Sunrise at Airport Mesa.
Photo by Bridget Williams.

GOOD VIBES ONLY

Feeling the Love in Sedona

Written by Bridget Williams

Sedona, Arizona is a curious creature. I cannot think of another place where you can be standing in the parking lot of a CVS at sunrise and be absolutely gobsmacked by the view, as I was during a visit last summer.

As part of a pre-dawn run, I'd made my way from the verdant valley oasis of L'Auberge de Sedona, an 11-acre resort nestled beneath a canopy of trees on the banks of Oak Creek, and up into the high desert to reach Airport Mesa, the site of one of Sedona's four main natural vortices. For the uninitiated, a vortex is a place where concentrated energy radiates from the earth's surface, and is purported to facilitate balance, prayer, healing, and intuitiveness. This cosmic presence also helps to explain the surplus of soothsayers, alternative healers, and "magic" crystal shops in Uptown Sedona.

After stopping to catch my breath in the aforementioned parking lot, I joined a hoard of people speaking a multitude of languages who'd assembled to patiently wait as the sun's rays slowly animated the panorama of anthropomorphic and kaleidoscopic red-rock peaks. I can't say whether I benefitted from the "masculine" energy said to be present there, but based on

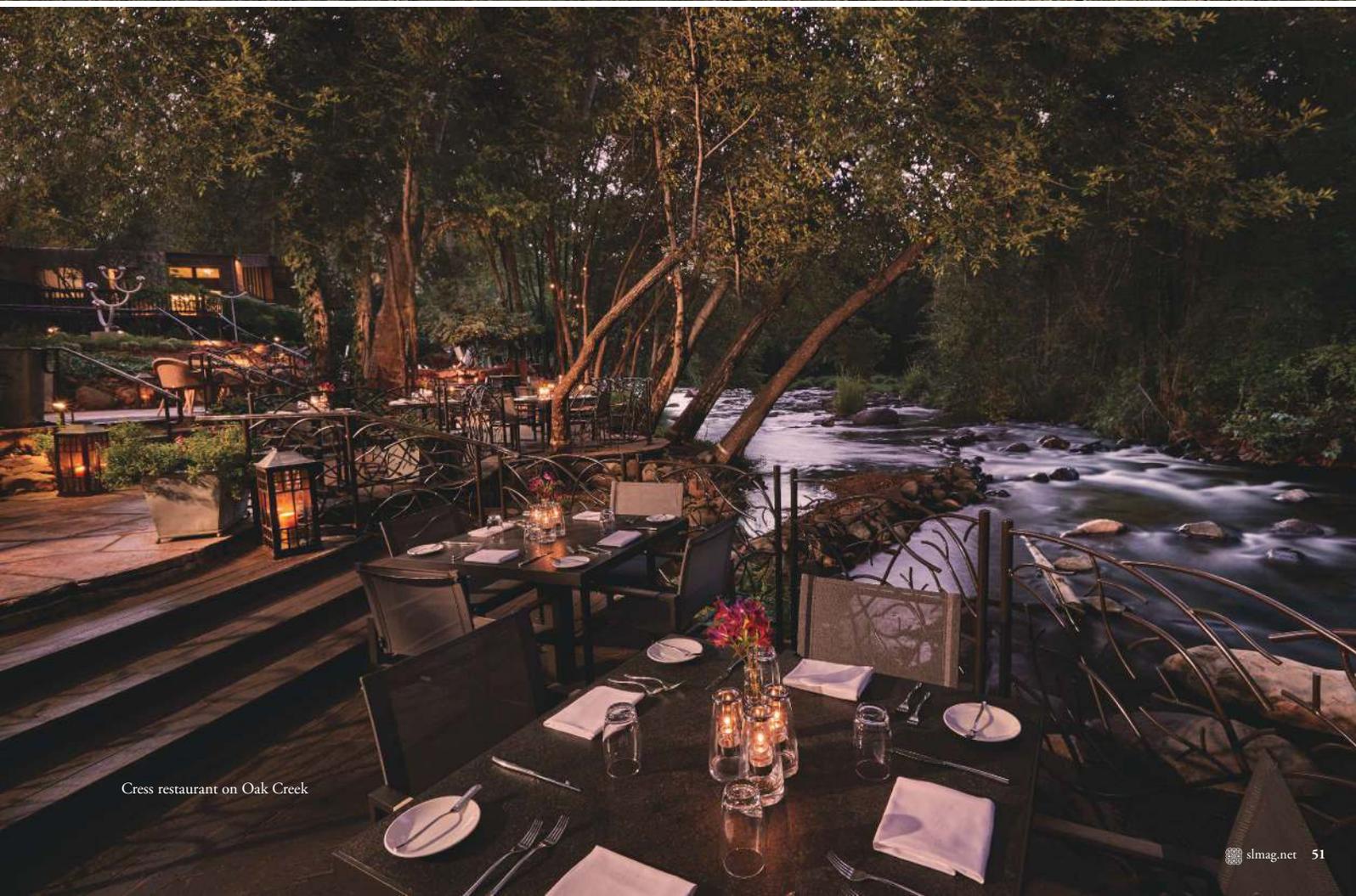
the expressions of awe plastered on the faces of those around me, there was definitely something powerful about the majestic sight.

Situated at an elevation of 4,326 feet, Sedona is a town of 10,000 residents surrounded by more than 1.8-million acres of stunning scenery. A 90-minute drive north of Phoenix, 30 miles south of Flagstaff and just two hours from the Grand Canyon, the area is a four-season playground, complete with seven golf courses; hundreds of hiking and biking trails in the Red Rock Secret Mountain Wilderness Area, the Munds Mountain Wilderness Area and the Coconino National Forest; 80 art galleries with 200 local artists represented in local shops and galleries; the Verde Valley Wine Trail; and a host of tour operators offering everything from off-road jeep excursions to hot air balloon rides.

It was easy to forget that we were still in the desert as we turned off of bustling Highway 89A and into the valley where L'Auberge de Sedona, A Destination Resort, is located. The grounds are lush, green, and dotted with mostly single-story cottage-style structures. If it weren't for the famed red rock buttes crowning the treetops, it would be easy to envision this as an upscale camp in the Northeast.



The terraced hillside above L'Auberge de Sedona offers prime red rock views.



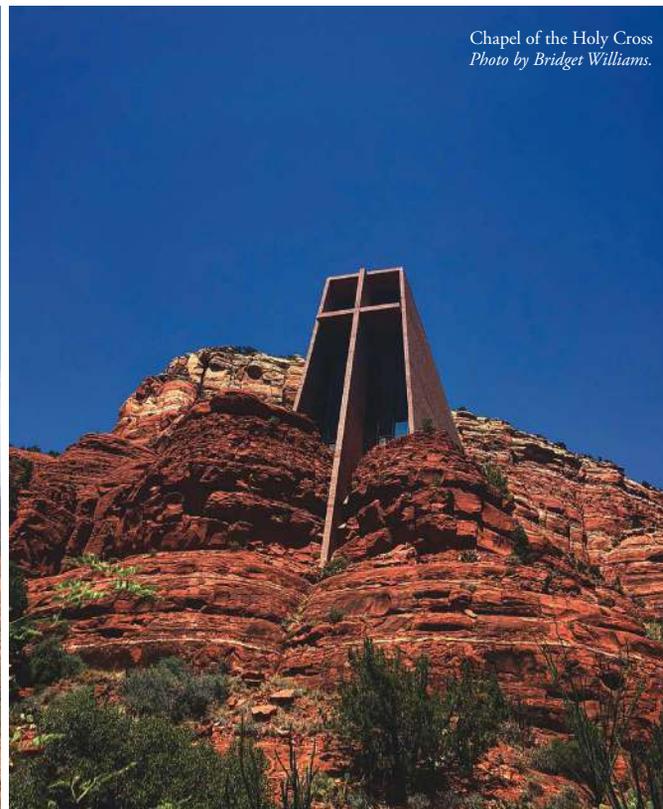
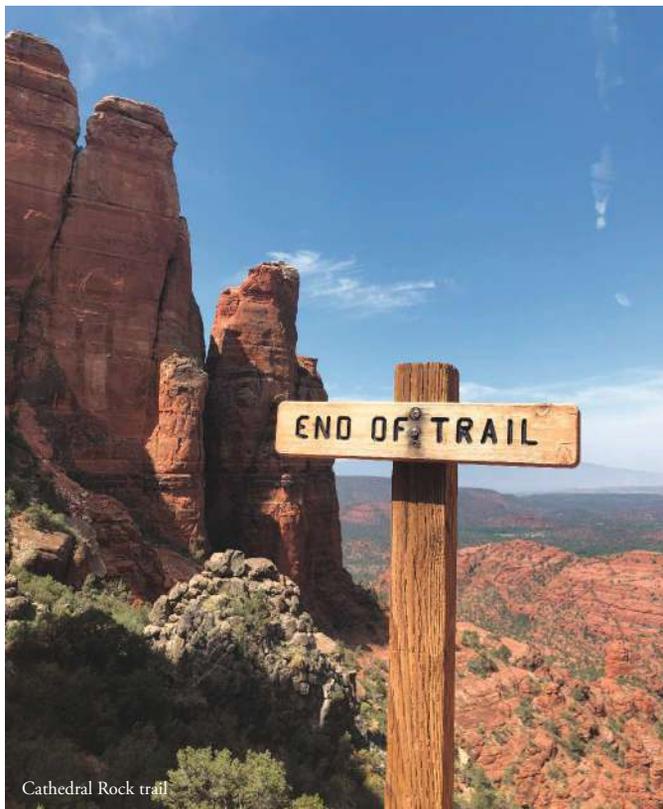
Cress restaurant on Oak Creek



Vista Cottage



Creekside Cottage



Lodging options encompass 62 luxury cottages (many with an outdoor, open-roof cedar shower), 21 traditional lodge-style guest rooms, or a stand-alone five-bedroom Creek house. The recently renovated rooms, suites and cottages rely on a muted color palette to reinforce an aura of tranquility.

Oak Creek is the property's main attraction, and the sound of water rushing over smooth stones in the creek bed provides a constant calming soundtrack audible throughout the property. The most covetable rooms, in my opinion, are the Creekside Cottages with a covered porch, which deliver a dry front-row seat for enjoying fleeting desert deluges during monsoon season (June-September).

Even if you aren't staying creekside, you can dine next to the water's edge at one of two recently renovated restaurants on property. Cress on Oak Creek is a fine-dining destination that pairs informed and attentive service with a constantly changing prix fixe dinner menu built around locally sourced seasonal ingredients that meld Southwest culinary traditions with French cooking techniques. More casual in concept, ETCH Kitchen & Bar complements its cuisine with a creative and comprehensive beverage list, including custom wine labels created in partnership with local Verde Valley winery Page Springs Cellars.

While Sedona's beauty sells itself, L'Auberge de Sedona's healthy lineup of on-property amenities and activities enhances the destination's healing heritage. In the L'Apothecary Spa for instance, guests can concoct their own bath soaks and body scrubs using fragrant local plants and herbs such as rosemary, piñon pine, juniper.

A daily schedule of events encompasses activities such as lectures on local geology and history, guided photographer's walks, Forest Bathing (a practice that originated in Japan, and is focused on soaking in the essence of the forest rather than taking a literal bath there), guided meditation, interacting with local artists through an artist-in-residence program, fitness hikes and yoga classes, and seasonal offerings. The recently completed Vortex Treehouse offers a reflective space for private meditation sessions and wellness experiences.

After a creekside coffee each morning, we never drove more than a few miles in either direction to reach a trailhead. While the most popular routes are heavily trafficked during high season, it takes minimal effort for those craving solitude to find roads less traveled (visit sedonasecret7.com for tips). If you are looking for greasy-spoon goodness, head over to the famous Coffee Pot restaurant (coffeepotse dona.com), which literally offers 101 omelet choices (don't even think about asking for any substitutions). For a more elevated experience, time your dinner for sunset at Mariposa (mariposasedona.com), where the views are as delectable as the Latin American cuisine prepared by Chef/owner Lisa Dahl. Guacamole greatness and 89 different tequilas can be found at 89Agava Cantina (89agave.com), a lively bar and Sonoran-style Mexican restaurant operated by L'Auberge and located just above the resort on Highway 89A.

From the time that dawn's first light tickles the trickles of Oak Creek, through guided stargazing with an astronomer, staying at L'Auberge de Sedona makes it even easier to feel the love for Sedona. **sl**

Rooms at L'Auberge de Sedona, A Destination Hotel from \$305/night. For more information or reservations visit lauberge.com.



MESSAGE IN A BOTTLE

The story of Cramoisi Vineyard

Written by Sofia Torres McKay / Photography by Ingrid Moriarty

I am a proud native of Mexico. In 2002 I moved to San Francisco to further my career in the IT industry. A one-year contract turned into three, and during that time I met Ryan McKay, a native of Eugene, Oregon and a wine enthusiast who worked three cubicles from me. We married after two years of dating.

Ryan's passion for pinot noir began while working as a wine buyer in his early 20s. When we started dating, he shared with me his passion for wine and cooking (he is a great cook!). I met pinot through Ryan and fell in love with both, leading me to learn more about wines from Oregon and the different AVAs there. We started traveling together to wine country, and he expressed his desire to one day grow grapes and make wine as a little home family experiment. At the time I thought it was a nice idea to own our own vineyard, but we did not know anything about wine growing, and we did not have money to invest in one, so we left it as a lofty dream.

After our first son Mateo was born in 2005, I took a break from my career, while Ryan accepted a promotion that took us from San Francisco to Toronto, Canada. I was excited for the two of us to share in the experience of being immigrants. After the birth of our second son Jonathan, we relocated to Vancouver, BC.

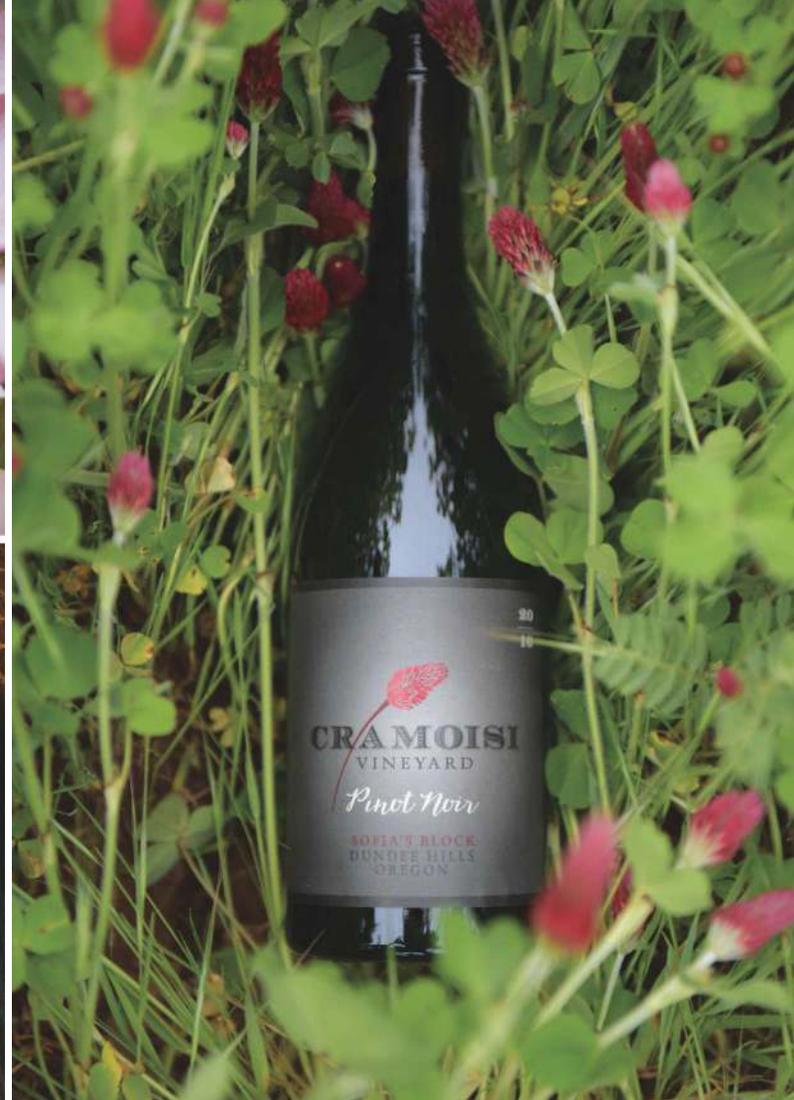
In Vancouver, I resumed working for my previous employer, and discussions during family dinner time increasingly focused on buying a vineyard. Ryan wanted to go back to his roots in Oregon, an idea

that appealed to me as I wanted our boys to grow up surrounded by family. In 2010 we started formally looking for a small place where we could develop our dream and passion for wine growing.

After several trips to Oregon, we spied a "For Sale" sign on a 10-acre farm on Worden Hill Road in the Dundee Hills overlooking the Willamette Valley. The Dundee Hills are special because they offer optimal cold air drainage during the colder fringes of the growing season in spring and fall. We closed on the property in 2011, and in 2012 we began planting at an elevation of 500-to-600 feet. Since we did not have the money to plant our land all at once, we started little by little, which gave us the opportunity to research what clones and rootstock have the best potential to grow phenomenal wines.

Today, five acres are planted to pinot noir, all of which are unique soil and clone/rootstock combinations. Our clones are a mix of the best clones from Oregon's first pinot plantings (Pommard), Dijon clones imported from Burgundy (667, 777) and rare clones such as 122 from Vosne-Romanée, a 'Grand Cru' vineyard in Burgundy. Our one-acre of chardonnay had its first harvest in 2018. To honor the heritage of our grapes, we decided to name our place Cramoisi, which translates to "crimson" in French.

Ryan continues working his day job and helps at the vineyard as his schedule permits. In 2017, I left the IT world to devote all



of my efforts to our family venture and raising our two sons. I am proud to say that I am one of the few Hispanic women vineyard owners in the Willamette Valley.

Cramoisi Vineyard is farmed biodynamically; we believe that if you take from Mother Nature you need to give back to her. We are not yet certified but looking to do so in the next two years. Our wine maker is Drew Voit, who has produced some of the most esteemed and highly rated wines in the Willamette Valley. Drew asks lots of questions about the style of wines we want to make, so it is about our own style and not his style.

In 2014, our vineyard produced enough to make one barrel (25 cases) of wine. The following year, the first formal vintage, we produced 200 cases. Production increased to 300 cases in 2016 and 600 in 2017. Our goal is to top out at 1,000 cases by 2022. We are focused on quality versus quantity, so that we can grow one of the best wines in the Dundee Hills AVA.

Since the business is very small, I perform numerous roles in the vineyard, including vineyard management, marketing and sales, event planning, relationship building and management, and administration, among others.

Being a Latina woman in this business is not always easy, and potential clients often ask me about my origins. Some verbalize their surprise that I am Mexican woman who owns

a vineyard rather than simply working in one. While these remarks are exasperating and frustrating, eventually I learned to embrace my unique perspective, life experiences and heritage, which includes the color of my skin and my accent, and I now feel happy that people continue to be interested in my unique story.

Because there are not many people like me in my position, being able to turn the tables and use my background as a positive virtue allows me to view myself as a channel to help others and work together as a community. This work includes being active with ¡AHI VOY! and ¡Salud!, two non-profit organizations dedicated to supporting the education and ambitions of winery and vineyard laborers, with a wide range of programs from English-language classes to cellar training.

When I came to this business and committed myself 100% to my family venture, I was looking not only to grow grapes and sell wine, but also to tell the story about what is behind the bottle and the years of work that come before the first bottle is even filled. Cramoisi wines have a body, a soul, and a different energy that tells you a story. That story is not only about the owners and the wine maker, it is also about the vineyard stewards who spend the time in the vineyards, rain or shine, hot or cold, up or down, early or late, to complete the story. ^{sl}



LA MECCANICA DELLE EMOZIONI

Alfa Romeo packages pulchritude and performance using Italian panache.

Written by Andre James / Photos courtesy of FCA

While the flashier fronds on the family tree of Italian automobile manufacturers often garner the lion's share of attention, brands with deeper roots—Fiat, Maserati and Alfa Romeo—have been turning heads and amassing accolades for more than a century.

The first Italian car, essentially a petrol-powered tricycle, was built in 1884. A little more than a decade later, Fiat was founded and produced its first model, a FIAT 4HP, which had a top speed of 22 mph. Alfa Romeo wasn't far behind, tracing its roots to the Società Anonima Italiana Darracq, established in 1906 by Frenchman Alexandre Darracq with backing from Italian investors. Three years later, after a slow start to sales and economic hardships, managing director and Italian aristocrat Ugo Stella acquired the company and relaunched the plant under a new name: Anonima Lombarda Fabbrica Automobili (ALFA).

Designed by Giuseppe Merosi, the 1910 24 HP was the first car to come off of the production line at Portello in Milan under the Alfa name; the 4.1-liter engine could reach speeds up to 62 mph. In 1911 ALFA made its foray into motor racing, beginning a long and storied run as a constructor and engine

supplier in Grand Prix motor racing, Formula One, sportscar racing, touring car racing and rallies. Enzo Ferrari drove Alfas in the 1920s before striking out on his own.

ALFA faced financial challenges during WWI and was acquired by Nicola Romeo, a successful electrical engineer from Naples, Italy. While automotive production ceased during the war, the company continued to prosper by making airplane engines and portable compressors. Investors took the company public in 1918 under the new official name of Alfa Romeo, and resumed building and designing automobiles at the end of WWI.

The marque's four-leaf clover "Quadrifoglio" logo first appeared in 1923 on an RL Targa Florio. It was painted on the front by legendary driver Ugo Sivocci, who was looking to break a string of runner-up finishes. While he went on to win the Targa Florio race in Sicily, Sivocci later perished in a crash while testing a new race car that did not bear his lucky clover. From that point on, all Alfa Romeo race cars featured the four-leaf clover on a white triangle, with a missing corner symbolizing the loss of Sivocci.



1910 24 HP

A race version of the 8C 2900 earned three wins at the 1938 Mille Miglia.



1952 Alfa Romeo Disco Volante Spider



Alfa Romeo Stelvio Quadrifoglio in Misano Blue, Rosso Competizione and Trofeo White



In spite of their laurels, financial woes plagued the company over the decades. Fiat Group Automobiles acquired the brand in 1986, beating out the likes of Nissan and Ford to keep it under Italian control. The 1995 Alfa Romeo 164 was the last Alfa sedan sold in the United States before the brand returned to North America two decades later. By 2018, Alfa Romeo's annual sales in the United States reached a record 23,820, nearly doubling sales from the previous year.

Current Alfa Romeo models available in the United States include the Stelvio SUV, the Giulia sports sedan, and the 4C Spider, with powerful Quadrifoglio versions of both the Stelvio and Giulia representing the cutting edge of Alfa Romeo design and performance.

Named for the Stelvio Pass, a mountain pass in northern Italy, the Stelvio Quadrifoglio (MSRP from \$73,700) holds the

Nürburgring record for the fastest production SUV, making it the fastest production SUV in the world. Available in six models, Stelvio (MSRP from \$40,195) is well-equipped with standard premium features including a direct-injection 280-horsepower turbocharged and intercooled 2.0L engine delivering 0-60 mph in 5.4 seconds, DNA drive mode selector, genuine leather interior, remote start with passive entry, bi-xenon headlamps, dual exhaust, class-exclusive carbon-fiber driveshaft, and a flat-bottom Formula One-inspired steering wheel. The Quadrifoglio variant boasts an all-aluminum, 2.9L, twin-turbo V6 engine with 505 horsepower, completing the 0-60 mph sprint in 3.6 seconds and able to reach a top speed of 176 mph.

In 2018, the Alfa Romeo Giulia won the 25th edition of the "Compasso d'Oro ADI," the most prestigious world design award. As the first of a new generation of vehicles on an all-new

2019 Alfa Romeo 4C Spider



2019 Alfa Romeo Giulia Ti



platform, the Alfa Romeo Giulia (MSRP from \$38,195) and Giulia Ti (MSRP from \$40,195) models embody Alfa Romeo's "la meccanica delle emozioni" (the mechanics of emotion) spirit, delivering race-inspired performance with a class-leading 280 horsepower and available Q4 all-wheel-drive system. Standard accoutrements in the mid-size sedan include leather seating, Apple CarPlay and Android Auto, passive entry, remote start, bi-xenon headlamps with LED Daytime Running Lights and LED taillights, DNA Drive Mode selector and back-up camera with rear park sensors.

The Giulia Quadrifoglio (MSRP from \$73,700), highlights Alfa Romeo's exclusive motorsports expertise with a best-in-class, Ferrari-derived, 505 horsepower, 2.9-liter twin-turbocharged V-6 engine with a 3.8 second 0-60 mph time and a top speed of 149 mph. Also notable on this variant is its carbon fiber hood,

roof and rear spoiler; adaptive performance suspension; DNA Pro with Race Mode; torque vectoring; carbon fiber active aero front splitter; Harmon Kardon Premium Audio System; carbon fiber interior trim; full-speed Forward Collision Warning-Plus; and 3D Navigation.

Handcrafted in Modena, Italy, the Alfa Romeo 4C Spider (MSRP starting at \$66,900) offers a state-of-the-art Formula 1-inspired ultralight carbon fiber monocoque chassis that enables a 10.4 power-to-weight ratio. Advanced technologies include the all-aluminum 1750cc turbocharged engine with direct-injection, dual intercoolers and variable-valve timing, enabling supercar-level performance. The 4C Spider delivers 237 horsepower and 258 lb-ft of torque, powering it from 0-60 mph in 4.1 seconds with a top speed of 160 mph. [sl](#)

For more information visit alfaromeousa.com.



The Eyes Have It

This page top to bottom: Joy Reign Protected Heart necklace (\$195; joyreign.com). Aaron Basha floating charm (\$1,650; aaronbasha.com). Anne Sisteron necklace (\$640; annesisteron.com). Cadar Reflections chandelier diamond necklace (\$196,000; cadar.com). *Opposite page:* Neelu Fine Jewels Blessed bracelet (\$1,350; neelufinejewels.com). Luis Morais stud earrings (\$550; musexmuse.com). Be Loved Evil Eye Eyelash Bangle (\$2,400; beloved-jewelry.com). *Photo by Sam Lee Photography.* Suzanne Kalan Fireworks pendant (\$3,200; suzannekalan.com). Jennifer Meyer inlay drop earrings with diamonds (\$8,250; jennifermeyer.com). Yvonne Leon Bo Surf Eme Earrings (\$2,300; yvonneleon.com). Temple St. Clair drop earrings (\$3,500; templestclair.com). Michelle Fantaci Nomad ring (\$1,525; michellefantaci.com). Jade Jagger 5th Dimension ring (\$2,250; jadejagger.co.uk). Holly Dymrent ring (price upon request; hollydymrent.com). Sydney Evan ring (\$3,190; sydneyevan.com). Ilona Orel Third Eye ring (\$7,710; ilonaorel.com).

OFF THE CUFF





Baume et Mercier Clifton Baumatic
M0A10470 QP perpetual calendar (price
upon request; baume-et-mercier.com)



Onirikka frog cufflinks (\$125; onirikka.com)



PICCHIOTTI 18K white gold and diamond
cufflinks (\$34,000; picchiotti.it)



Juste un Clou cufflinks
from Cartier (\$4,000; cartier.com)



Terrapin cufflinks from Anthony Lent
(\$4,600; anthonylent.com)



Patek Philippe Calatrava cufflinks in rose gold
(\$5,220; patek.com)



Konstantino sterling silver, 18K gold and lapis
Infinity cufflinks (\$1,600; konstantino.com)



18K gold rotating fishing reel cufflinks from Deakin & Francis (\$7,000; dealinandfrancis.co.uk)



18K gold cufflinks with enamel, crystal and rubies from Deakin and Francis (\$5,552; deakinandfrancis.co.uk)



Engraved 18K gold engine-turned oval cufflinks from Tiffany & Co. (\$3,400; tiffany.com)



Burger & Fries cufflinks from Nadine Ghosn (\$880; nadineghosn.com)



Skull and cross cufflinks from Adam Foster Fine Jewelry (\$1,600; fosterjewelry.com)



Benedictine cufflinks from Luca Jouel (\$525; lucajouel.com)



Jaeger-LeCoultre Master Ultra Thin Date (\$7,500; jaeger-lecoultre.com)



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In Columbus's Favorite New Restaurant!

Best New Restaurant
*(614) Magazine's ColumBEST
Readers Poll, 2018*

Best New Restaurant
*CityScene's Best Of The 'Bus
Readers Poll, 2018*

Best New Restaurant
*Columbus Monthly
February, 2019*

THE CHAINSMOKERS ARE NEVER GETTING OLDER

An eclectic home designed by Peti Lau
for half of the Grammy-winning DJ duo

Written by Joana Ferreira / Photography by Andrew Kung



Interior designer Peti Lau

It is customary to say that the house is a mirror of the soul. If true, then it would be natural that a man who's achieved fame and wealth mixing music would be drawn to a house that is a hodgepodge of architectural styles. The Hollywood Hills home that Alex Pall—half of the Chainsmokers, a Grammy-winning EDM-pop duo—bought two years ago was built in the 1930s, with renovations in both the 1980s and 1990s adding a dash of industrial edge.

The mashup appealed to Alex, but when it came to decorating it, he sought professional help from interior designer Peti Lau, who capitalized on her rock-star client's open mind and unique art collection (he majored in art history and music business as a student at New York University), by dialing up the intensity of the décor.

“AristoFreak” is the term that Lau has coined to define her signature style, in which she expresses her worldly inspirations with myriad colors, patterns and textures to create romance and moods in all of her spaces. The style emerged from Lau's adventures as an expatriate and her early career in Thailand, Mauritius and Europe. “It's an ideology of Old-World charms adapted for modern living,” Lau explains.









ROY WARHOL
Paroids 1958-1987



HELMUT NEWTON





“The house had this built-in eclecticism,” said Lau, a Chinese-Vietnamese American born in Israel, and now based in New York City, whose own influences might be similarly characterized. “It felt appropriate to approach each space as its own unique environment,” she added. Lau brashly mixed decades and colors, and incorporated Pall’s burgeoning contemporary art collection, an approach that provides consistency from one room to the next.

Pall had already installed the nature-themed wallpaper and acquired an orange velvet couch for the family room when Ms. Lau began her work. In the living room, she continued with the “interior jungle theme,” as she called it, with a natural fiber coffee table that evokes dried versions of the leaves of the wall, as well as leopard and tribal-print pillow. The orange, green and blue palette of the painting by Hassan Hajjaj (the “Andy Warhol of Morocco,” according to Lau), recurs in trippy throw pillows from Silken Favours and the vintage Turkish rug laid atop a larger jute rug. “A classic antique rug is a nice way to stabilize all the stuff that’s going on,” she added.

Pall’s first career Grammy, won in 2017 for Best Dance Recording “Don’t Let Me Down,” rests atop a striking Monocles sideboard by Essential Home. “The mid-century brass circle scale just worked so perfectly with the natural stones and was a perfect place for that piece. It’s a great spot to showcase the Grammy!” said Lau. From room-to-room, Pall and Lau’s collaboration strikes a perfect chord. [s/](#)



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COOLEY
CUSTOM CABINETRY

www.COOLEYCC.com

  COOLEY CUSTOM CABINETRY

1



2



3



5



ROCK AND ROLL ROAD SHOW 2018
 Columbus CEO's were ready to rock once again at the fourth annual Rock Hall Roadshow on October 11, 2018, presented by the Rock & Roll Hall of Fame in collaboration with Shadowbox Live. Rock and Roll Hall of Fame CEO Greg Harris, Dr. Michael Drake of The Ohio State University, George Barrett of Cardinal Health and Nick Akins of AEP took to the stage with special guest Rick Derringer of "Hang on Sloopy" fame. With classic tunes by artists ranging from Aretha Franklin to Joan Jett and from The Cars to The Who, the night was filled with good times and rock and roll.

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1) Michael Ahern, Sandy Doyle-Ahern 2) Alex & Renee Shumate, Dale & Gloria Heydlauff 3) Edwaard Liang, Albert Lin, John Kuijper 4) Jordan Davis, Jack Kessler, Liza Kessler 5) Dr. Frederic Bertley, Cindy & Larry Hilsheimer 6) Nick Akins, George Barrett, Dr. Michael Drake, Greg Harris 7) Greg Harris, George Barrett, Rick Derringer, Dr. Michael Drake, Stacie Boord, Nick Akins 8) Don DePerro, Bruce Soll, Larry James, Lt. Gen. Michael Ferriter 9) Dr. Michael Drake, Donna Akins, George Barrett, Brenda Drake 10) Gail Marsh, Jamie Allen, Mike Eicher, Alex Fischer 11) Dmitri Gaston, Dr. Javanaugh Adams-Gaston 12) Charuta Hunshikatti, Nikhil Hunshikatti, Raja & Meera Sundararajan 13) Nannette Maciejunes, Don & Lia DePerro



**9265 Donatello Drive
DUBLIN**

\$749,500

Custom built 5-bed, 5 1/2 bath home in Tartan West/Corazon. White woodwork, hardwood floors and white cabinetry throughout. Amenities include a large 2-story great room overlooking the wooded lot, first floor guest suite, walkout lower level including a kitchenette and a 3-car attached garage!



**485 Trillium Drive
HIDDEN CREEK AT THE DARBY**

\$949,500

Exquisite Stock and Stone custom designed 4-bed, 4 1/2 bath cedar shake home on 2.52 acres with a finished walkout lower level. Additional living areas include: grand lofted great room, Chef's kitchen with 48" cooktop and a spacious master suite with double sided fireplace.



**585 S. Lazelle Street
GERMAN VILLAGE**

\$1,595,000

Rare 'newer' home in the heart of German Village features fabulous style executed to perfection with an exquisitely finished Behal Sampson Dietz kitchen and baths, vaulted sunroom overlooking the Diamond Brite saltwater pool, finished lower level, 4-car motor courtyard and a 1-bed, 1 full bath guest/in-law apartment over the garage.



**869 Summit Street
SHORT NORTH**

\$685,000

Fabulous 2-bed, 4 bath Italian Village townhouse condo was the original Truberry model unit and has been detailed with gorgeous top of the line finishes. Open spaces, spacious master suite, private terrace and an oversized 2-car garage. Superior Sound Transmission Class (STC) allows for quiet enjoyment. 15-year 100% tax abatement through 2030!



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DISCOVER CELEBRATED

Written by Amelia Jeffers / Photography by Big House Photography

Jessi Means and Lindsey Kauffman know how to throw an amazing party. Assembling a delectable menu, creating a memorable invitation, and decking the hall with darling decorations, the pair have produced their fair share of Insta-worthy soirees. But, they also recognize how stressful and exhausting it can be to host a killer celebration. Capitalizing on years of experience as working moms with corporate careers in retail and a bent for entertaining, the energetic duo have launched their company, Celebrated, as a one-stop shop for anyone finding themselves Pinterest-inspired but overwhelmed with the practical limitations of creating a flawless fete that doesn't look "packaged".

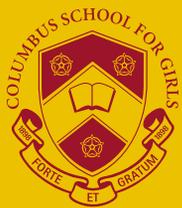
Their website, shopcelebrated.com includes a carefully curated selection of luxe party supplies organized by theme and available bundled or a la carte with accompanying tips and tricks, a party-planning guide, and menu suggestions. This isn't your run-of-the-mill party supply store. Think picture-perfect balloon garlands (a top-seller), stunning paper products, and every little detail like cake toppers, directionals, backdrops, and banners. Among the current parties available at the site, one of our favorites

is the Flamingle. In preppy shades of pink and green, options include flamingo figural string lights and pool floats, wine glasses and napkins adorned with "Let's Flamingle", and party games like Prosecco Pong. More subdued choices like the Beer Flight Night are offered in classic navy and gold, replete with a chalk paper table runner, pre-printed tasting placemats, wooden paddles for a sophisticated presentation, and bottle opener favors. The kids' party packages are nothing short of precious. With over a dozen themes from which to choose, we love Adventure Awaits with sweet cardboard trees, a super-fun teepee, and fairy lights.

As their audience and channels grow and evolve, Jessi and Lindsey are passionate about helping their clients create lasting memories without the lingering exhaustion of the do-it-yourself approach. Stay tuned as they roll out new party ideas, elaborate on their party planning services (information available upon request), and launch community partnerships that engage volunteers to fundraise for their favorite cause. For this talented team, finding a truly effortless solution to the modern party-planning dilemma is something to be Celebrated. For more information, visit shopcelebrated.com. 



What if she were equipped to challenge systems, to claim space at the table, to create what doesn't exist, and to live fully and comfortably in who she is? At Columbus School for Girls, we know that what the research shows is true: girls thrive in an environment created specifically for them. Your daughter deserves the tools, support, and every opportunity to boldly pursue her unlimited potential.



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DON'T MISS CITY YEAR COLUMBUS RED JACKET BALL

Written by Amelia Jeffers / Photography courtesy City Year

On April 6th, the ballroom of the Hilton Columbus Downtown hotel will be filled with a sea of red jackets as City Year Columbus AmeriCorps members, staff, community leaders, teachers, and partners gather to celebrate one unifying cause: the power of education. Each year, the City Year Columbus Red Jacket Ball recognizes the impact that individualized student support and mentorship have on the academic success of Columbus students. Donning their signature red jackets, the 2019 class of City Year AmeriCorps members represents City Year Columbus' 25th anniversary of service in the Columbus community and to Columbus City Schools.

This commemorative year is marked by the theme "Standing on the Shoulders of Giants," a reference to Sir Isaac Newton's quote: "If I have seen further than others, it is by standing on the shoulders of giants." The evening, presented by Huntington Bank, includes a VIP reception, cocktail hour, dinner, and keynote presentation by educator and author Dr. Steve Perry. The evening will conclude with an after-party to celebrate the organization's success.

Dr. Perry is both the Founder and former Principal of the Capital Preparatory Magnet School in Hartford, Connecticut. Dr. Perry's

immersion in the world of education and advocacy has led him to be a leading voice for children and families everywhere. His connections throughout professional and academic networks enable Dr. Perry to help shape and lead the discussion on how to best serve the needs of students with a focus on sustainable success in communities. He has authored six books, including his latest release, *Transparenting*. Dr. Perry's work has become central to understanding the needs of disadvantaged parents and children, and he has become a champion advocate and educator for communities nationwide.

City Year Columbus focuses its efforts on keeping students on-track to graduate through a variety of services including one-on-one and small group interventions. Research from Johns Hopkins University supports the idea that students who are at-risk of dropping out of school before graduation can be identified as early as 3rd grade. Every day, City Year AmeriCorps members work with at-risk students in their classrooms to help them reach their full potential and be successful in school and life.. **sl**

For more information or to purchase tickets, visit bit.ly/RedJacketBall2019 or contact Kelsie Fields at kfields@cityyear.org.

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DR. CAROL CLINTON

10 Things I Cannot Live Without

Photo courtesy Scott Cunningham



When Dr. Carol Clinton's ovarian cancer returned, she was determined to not only beat it, but to use her experience and unique perspective to help others on a cancer journey. In April, her podcast "I've Got Skin In the Game" celebrates its first anniversary. For the founder of Timeless Skin Solutions, helping others and engaging in the community is second nature. With a seemingly endless supply of energy, Carol not only coaches and trains up a team of physicians and professionals in her two locations, she travels around the globe, learning, speaking, and teaching the latest advances in medical aesthetics. In her spare time, she raises money for The James through her participation with the Girls With Gears cycling team in Pelotonia; supports the Dublin Irish Festival (she and husband Chris were named Honorary Co-chairs for the 2019 Festival); and parents her three young adult children. In 2019, the Girls With Gears Peloton is expected to cross the \$1M mark for total dollars raised for cancer research. To support Dr. Clinton and the Girls With Gears team, find her rider profile at pelotonia.org.

1. Family and Friends. At the core of a giant group hug of immediate and extended family and friends is my husband Chris. He's my heart, my soul, and the best listener I know.
2. Entrepreneurs Organization. I joined to grow my practice and discuss issues with other like-minded business owners, but found a great group of friends who keep me on my toes professionally and challenge me to become a better person.
3. My Timeless Team and Patients. Fighting ovarian cancer for the second time has kept me from being present on a daily basis, but I am so grateful for them. They have helped to remember that in giving we receive, and when we share our most vulnerable moments with another human, we both win.
4. Girls with Gears. It's an organization of women who who support each other, stay together to the finish line, AND support The James Cancer Hospital. Riding in Pelotonia was intimidating, but with GWG riding my tail and encouraging me, I have completed the 50-mile Pelotonia ride three times.
5. The Dublin Irish Festival. My husband moved from Ireland to the U.S. to work, obtained a master's degree and never left. I love the sports, music, and dance that bring a wee bit of the Irish culture to our community for a fun weekend.
6. Travel. I love to explore new places, meet the people, embed myself in new cultures and experiences. After I visited Kenya, I became a board member of Village HopeCore International to improve the health and economic environment in the community. Travelling reminds me to remain open-minded on my life's journey.
7. A good belly Laugh. I love being tickled by something so amusing that a laugh ripples all the way down to the center of my soul.
8. Podcasts. I've learned so much from podcasts that I created one myself, <https://drcarolclinton.com/ive-got-skin-in-the-game/>! I get my kicks living on the leading edge of the learning curve.
9. My backyard pool. Whether it is jump starting my endorphins in the morning or relaxing on a float in the evening, it's an indulgence that allows me to escape and helps me live a well rounded day.
10. Memories of my children practicing at the piano. I remember the moment each crossed the line from practice to pleasure. They are young adults who now live in Ireland, Vermont and Colorado, so it's a memory that brings music to my ears that I play over again and again. 



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