



# TIMELESS

## SKIN SOLUTIONS

### **ipl and genesis before & after treatment instructions**

#### **Before treatment:**

1. If possible please do not wear makeup to your treatment.
2. Avoid any possible irritants to your skin, such as retinoids or retinol, acids, astringents, or vitamin C for 1 week prior to treatment, unless otherwise directed.
3. Do not wax or use a depilatory on treatment area for 3 days prior to treatment.
4. Avoid artificial tanning and sun exposure 2 weeks prior to treatment. Do not use sunless tanner 2 weeks prior to treatment.

#### **After treatment:**

1. Care should be taken to prevent trauma to the treated area for the first 24-48 hours following treatment. Avoid using skin irritants for 3 days. This includes waxing, tweezing, depilatories, retinol, retinoids, glycolic acid, salicylic acid, and vitamin C, unless otherwise directed.
2. Ice, chilled cold packs, or a wet wash cloth (put in freezer for 2-3 minutes) may be applied post treatment, or as needed for patient comfort.
3. Treated brown spots usually darken after treatment, and flaking begins to form within a few days. This flaking usually resolves in 1-3 weeks. It should be allowed to naturally flake off for best results.
4. If significant flaking occurs an antibiotic ointment or lubricating cream may be used. Call the office for recommendations (614) 799-5100.
5. Localized redness may also be present and typically resolves in 24-48 hours.
6. Avoid hot tubs or spas for at least 24-48 hours after treatment.
7. Makeup may be applied as long as the skin is not irritated. Try to wait until the day after treatment to apply makeup.

8. If the skin is broken or a blister appears, contact us: (614) 799-5100. If not allergic, you may use an antibiotic ointment. Also, for further protection, keep the affected area covered and avoid direct sunlight while experiencing these symptoms.
9. The recommended time interval between treatments is 3 weeks or longer, once the flaking has cleared, unless otherwise directed.
10. Patient should avoid artificial tanning and/or sun exposure without sun protection, in the 2 weeks following treatment.

If you have any questions or concerns, please call our office at (614) 799-5100 or email [contact@timelessskinsolutions.com](mailto:contact@timelessskinsolutions.com).