



Botox Cosmetic®  
before & after treatment instructions

**Before Injection:**

Avoid alcohol, aspirin and non-steroidal anti-inflammatory products the day before injection. If you are sensitive to injections, you may take acetaminophen before arrival. Do not substitute another pain reliever.

**After Injection:**

Remain upright for 4 hours after injection.

Exaggerate facial expressions in injected areas for 1 hour after injection. (squint, frown, raise eyebrows).

Do not participate in strenuous exercise for one hour after treatment.

Do not massage or manipulate injection sites for 48 hours after injection. Avoid aspirin or alcohol for six hours after injection.

Results are expected within 24 hours to 10 days after injection.

The duration of treatment is generally between three to four months. Everyone has a unique requirement on the amount of product it takes to achieve optimal results. On the first treatment, you may need to return for a second injection, if you do not achieve the maximal expected result.

Call Dr. Clinton immediately if you experience any problems or have any questions (614-783-1410).

Schedule your follow up appointment prior to leaving office.