

TODAY'S ADVANCED LASERS TREAT A VARIETY OF COSMETIC AND MEDICAL CONDITIONS – FROM HEAD TO TOE

Lasers are now the standard of care for many cosmetic and medically-necessary conditions. Lasers were originally developed for cutting industrial materials. With advances in laser/light technology and the development of new devices, laser specialists can treat virtually everything from acne and birthmarks to varicose veins and wrinkles. Without needles, scalpels or stitches, laser treatments can help you look and feel your best – from head to toe.

Your head

Hair loss, balding or shaved heads can increase your risk of sun exposure, potentially leading to the development of precancerous lesions called actinic keratoses (AKs). For scalp lesions, laser operators often use photodynamic therapy (PDT) which refers to laser/light activation of a topical photosensitizer to destroy the diseased skin cells.

Your face

To zap active acne and diminish the appearance of acne scarring, a series of laser or light treatments reduces bacterial production and shrink oil producing glands. To treat sun damage, wrinkles, brown spots, age spots, and uneven pigmentation a series of non-ablative laser, pulsed light and LED therapies can stimulate collagen production, even skin tone and soften your complexion to rejuvenate your appearance.

Your neck

The neck and jowl areas are often the first tell-tale signs of aging as loose skin sags and droops, creating pouches and folds that make your face look tired and older. Infrared skin technology is a technique that heats tissue to tighten and contour lax skin.

Your décolletage and shoulders

Days at the beach or on the golf course can leave skin on your chest looking crepe-y and covered with brown spots. Non-ablative lasers and intense pulsed light techniques can effectively eliminate blotchiness and freckles and stimulate collagen to smooth skin texture.

Your torso

Pigmented lesions, red spots, broken veins and lax skin can appear anywhere on your body. There are several laser/light systems with different wavelengths used to treat these blemishes depending on the size, location, skin color and the depth to which the abnormality extends beneath the skin's surface. To shape up, infrared laser therapy looks promising for breaking down fat and smoothing your skin surface. Say goodbye to that

lax skin on your abdomen from bearing children or losing weight. Say goodbye to unwanted hair on your back or under your arms.

Your legs

Lasers are the ultimate weapon for unwanted hair, virtually anywhere on your body or face. Just make sure the laser is appropriate for your hair color and skin type. Spider veins can be effectively treated with laser treatment. Varicose veins can be treated both with surgery and with endovenous laser, treating the vein from the inside out.

Be informed

With all these different laser/light technologies available today, and more on the horizon, how do you know which system is right for you? Combine these with other rejuvenating treatments such as chemical peels, Botox Cosmetic™, and facial fillers. Schedule a consult with a qualified laser physician.

The icing

Add in effective daily skin care, apply make up if you must, and you are on your way to putting your best face forward.

Carol L. Clinton, MD, Timeless Skin Solutions, 2006

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